

HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee



MINUTES

HSC 2020 Mission: To improve the health of the people of Sheboygan County leading to a community with "Everyone Living Better, Longer"

DATE:	Wednesday, August 19, 2015; 9am-10am	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	Kate Baer, (Mental Health America); MaryAdele Revoy, (Family Resource Center); and Suzan Thiel (DHHS Public Health)		
PRESENT:	Jean Beinemann (DHHS/HSC2020 Leadership Council); Kristin Blanchard (Lakeshore Community Health Center); Jon Doll (United Way); Phil Duket (Alliance for WI Youth); Connie Frank (RCS); Susan Hein (Prevea Behavioral Health); Patricia Holstein (DHHS/Juvy division); Libby Holte (DHHS-Public Health Educator); Allie Iserloth (DHHS); Mark Janzen (St. Paul Lutheran Church); Kelly Kemps (I Love My Addict support group); Pamela Krueger (Aurora-EAP); Shelby Kuhn (Aurora PHP); Char Pachniak (Horizons for Girls); Mary Paluchniak (St. Nick's); Karlyn Raddatz (DHHS-Public Health); Kellie Resnick (MHA-youth educator); Jim Simac (Genesis); Michele Wangemann (Homes for Independent Living); Ellen Wells (Probation & Parole)		
GUESTS:	none		
RECORDER:	MaryAdele Revoy, Family Resource Center		
NEXT MEETING:	9am-10am on Wednesday, September 16, 2015 at DHHS [1011 N. 8 th St., Sheboygan, WI 53081], room 372		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS
Welcome, Introductions, and Roundtable	<p>Round table introductions and updates on organizations/community events.</p> <p>Welcome Kellie Resnick – the new Youth Educator for Mental Health America! Glad you joined us.</p> <p>Patricia Holstein/DHHS – will be presenting tonight (8/19/15) at North HS for Freshman Orientation on mental health & AODA issues for parents. Her son will be joining her.</p> <p>Kristin Blanchard/Lakeshore Community Health Center – plan on applying for \$325,000 grant to expand substance abuse services through the US DHHS, Health Center Program; due date is in October 2015. The grant calls for the use of SBIRT and focus on Medication-assisted Treatment (MAT) in opioid use disorders. Will be looking for letters of support from specific community partners. More information on grant: http://bphc.hrsa.gov/programopportunities/fundingopportunities/substanceabuse/</p> <p>Kate Baer/Mental Health America – Will be appearing on Milwaukee's Morning Blend tomorrow (8/20/15) to talk about suicide and the There is Hope Walk. View the story here.</p>

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	<p>Phil Duket/Alliance for WI Youth (AWY) – Phil serves as the Northeastern Prevention Center Coordinator . The AWY mission is: <i>Alliance for Wisconsin Youth (AWY) members represents local, state and tribal agencies, public and private sectors, religious and fraternal community organizations, educational (preschool to collegiate) and youth- based organizations focused on the promotion of strategies leading to the reduction of all substance abuse. The statewide mission of AWY is to support the activities of members in building and enhancing their capacity to strive for excellence in efforts to reduce and prevent substance abuse and to encourage positive youth development throughout our communities.</i> He provided information on the organization and the benefits becoming a member. Previous membership was associated with the Drug Free Community Grant, which is going away so need new applicant. AWY offers trainings (ex. SAPST- Substance Abuse Prevention Skills Training -next training on Sept 22-25) and coordinates conferences. MHA Committee members were in favor of joining AWY. Kate Baer will fill out the paperwork and submit – she will serve as contact person through MHA.</p> <p>Shelby Kuhn/Aurora Partial Hospitalization Program (PHP) – announced Aurora was finally able to hire a therapist to run the Mental Health IOP – woman literally started yesterday (8/18/15). Hope is to have the IOP up and running in mid-October – it is a lower level of treatment than the PHP. Referral can have co-occurring disorders, but must have primary mental health concerns. Hope to open a AODA PHP early next year, followed by the AODA IOP. There has been problems with finding a facility for the Behavioral Wellness Center and problems hiring additional staff.</p>
<p>SBIRT Sub-Committee Update (Kristin Blanchard & Kate Baer)</p> <ul style="list-style-type: none"> • <i>Summary</i> • <i>Celebrations</i> • <i>Barriers</i> • <i>Asks</i> 	<p>Action Plan completed.</p> <p>GOAL: Initiate community adoption of the evidence based approach that will increase prevention, early intervention, and access to treatment for possible mental health disorders and/or substance abuse issues by supporting the implementation of the SBIRT (Screening, Brief Intervention, & Referral to Treatment) model in at least 4 organizations by 2017.</p> <p>Members will look at different models of SBIRT to get an idea of who is doing what and how they do it. They will look at bringing in speakers/trainers to educate committee members and partners on SBIRT – this may be done at the October meeting. They will be looking into grants/funding for a pilot program. At some point they will need to bring key stakeholders. If anyone has any information on SBIRT and how it is being used in different disciplines or the tools being used, please pass them on to Kate Baer (kate@mhasheboyan.org).</p> <p>Next committee meeting is at 8:05am on Wednesday, September 16, 2015 – before the next MHA Committee meeting. Building is unlocked at 8am.</p>
<p>Alliance Against Heroin Sub-Committee Update (MaryAdele Revoy)</p> <ul style="list-style-type: none"> • <i>Summary</i> • <i>Celebrations</i> 	<p>Action Plan completed and incorporates the 5 Pillar Framework.</p> <p>GOAL: Reduce the use and abuse of heroin in Sheboygan County by December 31, 2017. Success will be demonstrated by (1) a decrease in the incidence of heroin related arrests, (2) emergency department visits and (3) overdoses leading to death.</p> <p>PREVENTION PILLAR - OBJECTIVE A: Increase community awareness and substance abuse prevention messaging in order to reduce substance abuse and the stigma of SUDs [substance use disorders].</p>

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<ul style="list-style-type: none"> • <i>Barriers</i> • <i>Asks</i> 	<p>HARM REDUCTION PILLAR - OBJECTIVE B: Increase and expand fatal opioid overdose prevention training and work on reducing stigma associated with needle exchange programs.</p> <p>LAW ENFORCEMENT PILLAR - OBJECTIVE C: Reduce access to medication to prevent overdose (organize Take-Back Medication Days).</p> <p>TREATMENT PILLAR - OBJECTIVE D: Raise treatment of addiction to the same standard as treatment for other chronic diseases (work on stigma reduction for accessing services) – create detox beds, hire more providers, & create sober housing.</p> <p>WORKPLACE PILLAR – Objective E: Work with area employers to establish clear written Workplace Drug Policy in alignment WELCOA [Well County Designation from the Wellness Council of America].</p> <p>Free training on the use of Narcan on August 31, 2015 (National Overdose Day) at St. John’s UCC Church. Doors open at 7pm-training begins at 7:30pm. Contact Kelly Kemps (kelzek@yahoo.com) to register.</p> <p>Addiction Awareness Community Event on Saturday, August 29, 2015 at Fountain Park from 3pm-7pm. Contact Kelly Kemps (kelzek@yahoo.com) for more information.</p> <p>Recovery Rocks on Saturday, September 26, 2015 at 1907 Club from 10am-10pm. Attorney General Brad Schimel to speak at 12pm on the State’s new opioid prevention campaign. Contact MaryAdele Revoy (mrevoy@frc-sc.org) for more information.</p> <p>No date for next Alliance Against Heroin Committee meeting – waiting until after HSC2020 Leadership Council meeting where Action Plan will be discussed.</p>
<p>Stigma Reduction (Kate Baer)</p> <ul style="list-style-type: none"> • <i>Summary</i> • <i>Celebrations</i> • <i>Barriers</i> • <i>Asks</i> 	<p>Action Plan completed.</p> <p>GOAL: Reduce the stigma of mental illness and AODA through support of an anti-stigma policies, programming, and events.</p> <p>MHA will be hosting a Train-the-Trainer session on “Honest, Open and Proud” for schools; program is about teaching kids how to tell their stories.</p> <p>Kate still working with WISE and how they can support efforts in Sheboygan County.</p> <p>Beginning to look for financial support and location for the next MH & AODA Resource Fair – possibly use RCS again. Researching how to ask about stigma – possibly new questions for the Community Health Assessment when offered again.</p> <p>Karyln Raddatz noted that Wood Co DHHS has stigma in their CHIP. Their Goal: Collaborate with community partners to decrease Mental Health stigma in Wood County. Objective: By December 31, 2018, implement a comprehensive communication campaign engaging consumers in the process. Strategies: 1. Engage, empower, and seek feedback from consumers through focus groups, fish bowls, success stories, and one-on-one interviews. 2. Conduct a comprehensive education / communication campaign including educational conferences, newspaper, and social media. See their full plan here.</p> <p>Next committee meeting is September 3, 2015 at 8:05am at DHHS [1011 N. 8th St., Sheboygan, WI 53081], room 372. Building is unlocked at 8am.</p>

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HSC 2020 Leadership Council Update (Suzan Thiel)	Council will meet on Monday, August 24, 2015 to review CHIP. Co-chairs still need to develop budgets for 2016.
NEXT MEETING	9am-10am on Wednesday, September 16, 2015 at DHHS [1011 N. 8 th St., Sheboygan, WI 53081], room 372