

**HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee**



**MINUTES**

*HSC 2020 Mission: To improve the health of the people of Sheboygan County leading to a community with "Everyone Living Better, Longer"*

<b>DATE:</b>	<b>Wednesday, September 16, 2015; 9am-10am</b>	<b>LOCATION:</b>	Sheboygan Dept. of Health & Human Services, Rm. 372
<b>PRESIDING:</b>	Kate Baer, (Mental Health America); MaryAdele Revoy, (Family Resource Center); and Suzan Thiel (DHHS Public Health)		
<b>PRESENT:</b>	Jean Beinemann (DHHS/HSC2020 Leadership Council); Jean Biegun (Al-Anon); Kristin Blanchard (Lakeshore Community Health Center); Kristine Feggstad (UW-Sheboygan); Connie Frank (RCS); Monica Froh (ADRC); Susan Hein (Prevea Behavioral Health); Libby Holte (DHHS-Public Health Educator); Mark Janzen (St. Paul Lutheran Church); Officer Todd Kronberg (Plymouth PD); Pamela Krueger (Aurora-EAP; Dharmesh Murthy; Char Pachniak (Horizons for Girls); Mary Paluchniak (St. Nick's); Karlyn Raddatz (DHHS-Public Health); Jim Simac (Genesis); Rodney Stoehr (SASD social worker); Lori Tobin (SASD SW); JT (Aurora); Captain Jim Veaser (SPD); Ellen Wells (Probation & Parole); Kurt Zempel (MEG unit)		
<b>GUESTS:</b>	Clint Hale (UW-GB student) and Tom Eggebrecht (DHHS Director)		
<b>RECORDER:</b>	MaryAdele Revoy, Family Resource Center		
<b>NEXT MEETING:</b>	9am-10am on Wednesday, <b>NOVEMBER 18, 2015</b> at DHHS [1011 N. 8 <sup>th</sup> St., Sheboygan, WI 53081], room 372 * <b>no meeting in October</b>		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS
Welcome, Introductions, and Roundtable	<p>Round table introductions and updates on organizations/community events.</p> <p>Welcome - <b>Clint Hale</b>, UW-GB student and <b>Rodney Stoehr</b>, SASD Social Worker.</p> <p><b>Jean Biegun / Al-Anon, District #6</b> – passed around a new booklet, "Al-Anon Faces Alcoholism 2015" to share with families. For more information go to: <a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a></p> <p><b>Kristin Blanchard/Lakeshore Community Health Center</b> – received \$1 million grant for their new building initiative!! It is a \$5 million project so this is a great help. Received \$256,000 to expand the dentistry services. Starting 9/28/15 temporary behavioral health offices will open at the Saemen location. Still planning on applying for \$325,000 grant to expand substance abuse services through the US DHHS, Health Center Program; due date is in October 2015. The grant calls for the use of SBIRT and focus on Medication-assisted Treatment (MAT) in opioid use disorders. Will be looking for letters of support from specific community partners. More information on grant: <a href="http://bphc.hrsa.gov/programopportunities/fundingopportunities/substanceabuse/">http://bphc.hrsa.gov/programopportunities/fundingopportunities/substanceabuse/</a></p> <p><b>Kate Baer/Mental Health America</b> – Open Door is having an <b>Open House Celebration on Thursday, September 24, 2015</b> from 11am-2pm. Open Door is located at 817 N. 8<sup>th</sup> St., Sheboygan. Flyer attached to the email. MHA hosting an <b>Informational Gathering for</b></p>

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	<p><b>family &amp; friends who have a loved one with mental illness on Tuesday, October 13, 2015</b> at Open Door from 6:30pm-8:30pm. Flyer attached to the email. In partnership with Empathos and the Hayseen Family Foundation, MHA is presenting “<b>The Doctor Is In – Why Sheboygan County citizens attempt and die by suicide – and what we can all do about it</b>” on <b>Thursday, November 12, 2015</b> from 6:30pm-8pm at Jake’s Café (529 Ontario Ave., Sheboygan). World-renowned suicide prevention experts, Dr. Tim Lineberry, M.D. and Dr. David Jobes, Ph.D. will be presenting. Flyer attached to email; <a href="http://www.empathosresources.com/sheboygan-county">www.empathosresources.com/sheboygan-county</a>. Dr. Jobes will be conducting an in-person role-play workshop on Friday, November 13, 2015 – contact MHA for more information. From now until November 12, 2015 there is a free on-line training.</p> <p><b>Jean Beinemann / DHHS &amp; HSC2020 Leadership Council</b> – Thanked everyone for their hard work and dedication to this work and be a part of the subcommittees. DHHS will be hosting a FREE webinar, “<b>Opioid Overdose Summit, on Tuesday, December 1, 2015</b> at DHHS, Rm 372. Program begins at 8:15am-4:45pm. Flyer attached to email. To register: Call Public Health at (920)459-3265 or Email <a href="mailto:HSC2020@sheboygancounty.com">HSC2020@sheboygancounty.com</a> with your name and what sessions you are planning to attend.</p> <p><b>Connie Frank / RCS Empowers – 60<sup>th</sup> Year Celebration-Open House on Tuesday, September 22, 2015</b> from 12:30pm-pm and then again at 4pm-7pm (1607 Geele Ave., Sheboygan). Everyone welcome.</p>
SBIRT Sub-Committee Update (Kristin Blanchard & Kate Baer)	<p>Met earlier in the morning. Making good progress on their activities related to the Action Plan. Watched a YouTube presentation by Dr. Brown <a href="https://www.youtube.com/watch?v=vYaFlgO5bd0">https://www.youtube.com/watch?v=vYaFlgO5bd0</a> on SBIRT. All are encouraged to watch it. Group is working with a researcher from the Medical College to collaborate on an application for a “Change Maker Grant.” <b>Next SBIRT committee meeting on Wednesday, October 21, 2015 from 8:05am-9am at St. Nicholas Hospital, Christopher Room, adjacent to their cafeteria.</b></p>
<p>Alliance Against Heroin Sub-Committee Update (MaryAdele Revoy)</p> <ul style="list-style-type: none"> <li>• Summary</li> <li>• Celebrations</li> <li>• Barriers</li> <li>• Asks</li> </ul>	<p>Great feedback on the Addiction Awareness Community Event on Saturday, August 29, 2015 at Fountain Park from 3pm-7pm. Good community attendance along with approx. 12 information booths. Organizers “I Love My Addict” support group members, are hoping to make it an annual event.</p> <p>Great Free training on Narcan on August 31, 2015. Presenter was Dennis Radloff, Prevention Specialist, from Aids Resource Center WI (ARCW). Approx 25 community members attended – most were parents of addicts. Each person walked away with a kit of 3 vials of Narcan &amp; 2 syringes. Recovery Coaches Network thinking they will host more trainings in the future. ARCW will have an information booth at Recovery Rocks, Saturday, Sept 26, 2015.</p> <p>Plans coming along for <b>Recovery Rocks on Saturday, September 26, 2015</b> at 1907 Club from 10am-10pm. Attorney General Brad Schimel to speak at 12pm on the State’s new opioid prevention campaign. Campaign to be released on September 17, 2015. <a href="http://www.doseofrealitywi.gov">www.doseofrealitywi.gov</a> The DFC grant will be paying for multiple copies of all campaign material for distribution at Recovery Rocks.</p> <p>Action Plan was revised to be more realistic in both activities and budget. Final copy will be distributed to entire MHSA committee</p>

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	<p>along with members of Alliance Against Heroin.</p> <p>Next Heroin Committee meeting is on Thursday, October 7, 2015 from 3pm-4:30pm at DHHS, Rm. 372.</p>
<p>Stigma Reduction (Kate Baer)</p> <ul style="list-style-type: none"> <li>• Summary</li> <li>• Celebrations</li> <li>• Barriers</li> <li>• Asks</li> </ul>	<p>Don't forget to sign up and walk at the <b>"There is Hope Walk"</b> – suicide awareness – this Saturday, September 19, 2015. Walk-up registrations welcome! 325 participants already! Please show your support for MHA.</p> <p>The Second Annual <b>Mental Health/Substance Abuse Resource Fair</b> will be during the first week in May 2016. Exact location still be decided.</p> <p>Committee members discussed having more stories in the HSC 2020 Sheboygan Press area focusing on different aspects of stigma.</p> <p>Moving forward with the WISE – Honest Open Proud training.</p> <p>Next committee meeting is at 8:05-9:00 on Thursday October 7, 2015 at DHHS [1011 N. 8<sup>th</sup> St., Sheboygan, WI 53081], room 372.</p>
<p>HSC 2020 Leadership Council Update (Suzan Thiel)</p>	<p>Council is meeting in October to review all Action Plans and the corresponding budgets. Jean Beinemann asked for feedback on how the merged committee is working and the structure of the groups thus far. It was decided that all 3 Action Plans from the subcommittee will be sent to the full MHSA committee.</p> <p>Tom Eggebrecht, Director of DHHS, joined the meeting to discuss with the members how and if DHHS is contributing enough to the committee and subcommittees. Do people want DHHS to take a stronger role, have more staff involved, etc. General consensus was the committee appreciated DHHS involvement and having DHHS staff at the meetings.</p>
<p>HSC 2020 website</p>	<p>Libby Holte reported that the website has been reformatted with the merger of the MH and AODA Committees onto one page.</p> <p><a href="http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/">http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/</a></p> <p>Then each subcommittee has a page:</p> <p>Heroin</p> <p><a href="http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/heroin-subcommittee/">http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/heroin-subcommittee/</a></p> <p>SBIRT</p> <p><a href="http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/sbirt-subcommittee/">http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/sbirt-subcommittee/</a></p> <p>STIGMA</p> <p><a href="http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/stigma-subcommittee/">http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/stigma-subcommittee/</a></p>

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	<p>Still working on the list of resources to include on the Resource page.</p> <p>All meeting minutes are also posted on the site.</p> <p>Everyone is encouraged to submit events through the easy link at <a href="http://www.healthysheboygancounty.org/events/">http://www.healthysheboygancounty.org/events/</a></p> <p>Libby will be sending out a new calendar schedule for the HSC2020 Press articles. Writers are reminded to be aware of health literacy and language.</p>
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