

## SCAN hands out trophies to fitness day winners

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The Sheboygan County Activity and Nutrition Coalition (SCAN) met June 25 to distribute the traveling trophies to the winning organizations for this year's Sheboygan County's Let's Get Physical—National Employee Health & Fitness Day annual event held May 21.

Each of the businesses organized physical activities for their employees on the day of the event—ranging from holding on-site group exercise classes or team activities (i.e. bocce ball, volleyball, softball, ping pong, kickball), conducting scavenger hunts or poker walks to promote walking routes and healthy food options for lunch.

Twenty-eight Sheboygan County businesses participated in this year's event, with more than 17,000 employees involved. Each employee was asked to exercise at least 20 minutes on this day to count toward the organizational challenge.

This year's winning businesses were Curt G. Joa, Inc.; United Way of Sheboygan County; Prairie States Enterprises; RCS Empowers, Inc.; Sheboygan County YMCA; Trotter Wellness; Sheboygan Area School District; Sheboygan County; and Mental Health America.

Next year's event will take place again on the third Wednesday in May. All businesses are welcome to participate.

A complete list of the

businesses that participated this year were:

### Small-sized employers (< 50)

- » Feldmann Engineering & Manufacturing America
- » SEEK Careers and Staffing
- » Trotter Wellness
- » United Way of Sheboygan County
- » Wind Mill Slatwall Products

### Medium-sized employers (50-250)

- » Plymouth Foam
- » Prairie States Enterprises
- » Prevea Health
- » Sheboygan County Head Start Program
- » Sheboygan Falls School District
- » Sheboygan County

YMCA

### Large-sized employers (251-499)

- » Curt G. Joa, Inc.
- » Department of Corrections – Kettle Moraine
- » Dutchland Plastics
- » Great Lakes Cheese
- » Masters Gallery Foods
- » Plymouth School District
- » RCS Empowers, Inc.

### Jumbo-sized employers (500-999)

- » Lakeshore Technical College
- » Rockline Industries
- » Sheboygan County
- » St. Nicholas Hospital

### Mega-sized employers (1,000-plus)

- » Aurora Healthcare



Pictured are representatives from the winning organizations from this year's event. From left: (back row) Bruce Mansker, Curt G. Joa, Inc.; Emily Rendall-Araujo, United Way of Sheboygan County; Robin Leonhardt, Prairie States Enterprises; Monica Senkbeil, RCS Empowers, Inc.; Lindee Brill, Sheboygan County YMCA; (front row) Cindy Heinz, Trotter Wellness; Jeri Dreikosen, Sheboygan Area School District; Kortnei Ames, Sheboygan County; and Kate Baer, Mental Health America. SUBMITTED

- » Kohler Company
- » Sargento Foods Inc.
- » Sheboygan Area School District
- » Vollrath Company