



Public Health
Sheboygan County
Division of Public Health



**SCAN Coalition
MEETING Minutes 1.27.15**

| | | | |
|------------------------|---|----------------|---|
| DATE/TIME/PLACE | Tuesday, January 27 th , 2015 8am Room 413 Health and Human Services Building | PRESENT | Amy Betke, Nicole Hamilton, Brooke Artabasy, Mary Paluchniak, Kelly Boeldt, Darcy Vollrath, Kevin Donnelly, Stacey Richter, Jean Pittner, Carolyn Verhage, Libby Holte, Vicky Schneider, Sherri Samuels-Fuerst, Robin Leonhardt |
| PRESIDING | Jean Pittner and Amy Betke | | |
| RECORDER | Brooke Artabasy | EXCUSED | Jeri Dreikosen, Diane Liebenthal, Lindee Brill, Kris Fritz |

Mission:

Goals:

| AGENDA/TOPIC | DESCRIPTION/DISCUSSION/RECOMMENDATIONS | ACTION/FOLLOW-UP |
|--|---|--|
| INTRODUCTIONS | Guests: Brittney Bernardoni (UW Madison Medical Student) Mike Burns (YMCA) | Informational |
| REVIEW OF MINUTES | Changes/Corrections to October 29 th , 2014 Meeting minutes? | No noted changes at this time. |
| Review progress from Community Health Assessment(CHA) (Libby) | This is still in process, looking at restructuring the Steering committee with a stronger infrastructure for each subcommittee. Thursday, January 29 th , there will be a meeting with the key players from the assessment process (i.e. St. Nick, Aurora, Prevea, United Way, UW Extension, Mental Health, ATOD and Public Health). Health Literacy will be included as a goal for all coalitions by the end of 2015! For more information go to website link below: http://healthsheboygancounty.org/community-health/sheboygan-county-community-health-needs-assessment/ Information will be useful for the next step, the Community Health Improvement plan. Coalition input will be valuable in the process. | Informational. Refer to website link for more detailed results information from the CHA. |
| HSC 2020 Website Update (Libby) | The website went "live" right before Christmas! On the main page there are slides with current or upcoming information posted such as (winter activities). You can also view any events that are going on now or in the future, on the website. To add an event, fill out the form in the events file. After the form is completed, send it to Libby via email, she will then add the information to the website. Any questions about the website can be directed to Libby. All can share on Facebook/social media the link to the new website so we can get the word out about it. See side bar with Libby's contact information. | Libby Holte, CHES Public Health Educator Sheboygan County DPH 1011 N. 8th Street Sheboygan, WI 53081 Phone: (920)459-3035 elizabeth.holte@sheboygancounty.com |

| AGENDA/TOPIC | DESCRIPTION/DISCUSSION/RECOMMENDATIONS | ACTION/FOLLOW-UP |
|--|---|---|
| Finalized Copy of Winter Activity Handout(Jean and Libby) | <p>The finalized winter activity handout is on the HSC 2020 website as one of the first slides on the main homepage.</p> <p>* Exercise handout still waiting for legal approval of the disclaimer that we would put on the bottom of the page. As soon as we are able to, the updated handout will be added to the website</p> | Waiting on Legal to approve the disclaimer. |
| HSC 2020 Press Articles (for 2015) (AMY) | <p>Publication Dates: <u>January 7th</u>, Healthy Eating for the New Year (Prevea RDN's): Carrie Karbon RD, CD, St. Nick? <u>January 14th</u>: Sheboygan Well County (Kelly Boeldt, Prevea) <u>January 21st</u>, Staying Active in the Winter months (Brooke, Aurora) <u>February 11th</u>, Heart Health (Carolyn) <u>March 11th</u>, Nutrition Month topic: Jean <u>April 22nd</u>, Employee Health and Fitness Day (Sherri): Submission due date 4.1.15 Articles need to be no more than 500 words, and can be submitted to Jean or Amy by submission due date.</p> | <p>Informational. Any other members may commit to any other dates, as long as the date is open thru the year. There are still a lot of dates open in Aug-Dec.</p>  Tips for Authors 2013.pdf |
| Art Culinary Car & Healthy Living School located in Sheboygan Falls (Stacey and Brooke) | <p>No new updates at present. The <i>Culinary Car</i> will not be in use again until June. Nourish continues to look for volunteers. Contact Heather Cleveland with any questions or interests in volunteering.</p> <p>Visit www.nourishfarms.org</p> | Stacey and Brooke will keep coalition updated with any new progress, events etc.. |
| Well County Designation-Subcommittee Meeting update (Kelly) | <p>Kelly provided an update of last subcommittee meeting (Subcommittee Meeting minutes from Jan. attached). Sherri and Jeri are working to start the process in their organizations to allow them to be mentors in the future to other organizations joining in the effort.</p> <p>Friday, Feb 6th – First Friday Forum: Winning Worksite Wellness, Jessica Raddemann (WELCOA) at Elks Lodge, This event is provided through the Chamber. This would be great to promote to any companies that you know of!!</p> <p>At this event Kelly will also be mentioning that we are going for Sheboygan Well County, which we will be the first Well COUNTY NOT CITY!!! Additional promotion of HSC2020 activities including the SCAN education board and materials, along with other HSC 2020 representatives, is planned.</p> | <p>Kelly will continue to keep the coalition updated with all the steps of this. 1.13.15 Well County Sub-Committee mtg Minutes:</p>  0156_0001.pdf |
| Meeting Minutes Rotation | <p><u>Tentative SCAN Meeting and Minutes Recorder Schedule for 2015</u> If you cannot make a meeting that you are assigned to take minutes at, it would be your responsibility to find a replacement. Prepared minutes can then be forwarded to Jean or Amy to be sent out to all members.</p> <p>Wednesday, February 25, 2015: Amy Tuesday, May 26:Kevin Wednesday September30:Nicole</p> | Include minute taker on the Agenda sent out prior to the meeting. |

| AGENDA/TOPIC | DESCRIPTION/DISCUSSION/RECOMMENDATIONS | ACTION/FOLLOW-UP |
|--|--|---|
| | Tuesday, March 24: Kelly Wednesday, April 29: Lindee | |
| Evergreen/Jaycee Quarry Trail Map(Phillip Mercier UW Medical Student project) (Jean) | Tuesday, June 24: Jeri Tuesday, October 27: Diane Wednesday, August 25: Kris | Jean will continue to keep us updated as she hears anymore from Phillip |
| New Business (Jean) | UW 4 th year Medical Student, Brittney Bernardoni, shared a community obesity prevention effort that was offered in Madison. The program is called "Miler in Training"; it involves getting school aged children about 30 kids per group, 8-14 years old active! Education is also provided re: how to take their pulse, how the body systems work (ex: heart, lungs etc.), and healthy eating. Students go to a local park 1 day a week to "train" and receive the education component as well. The final event is a one mile run. The kids were given shirts, shorts and shoes during this program because it was held in a very low income area. Thoughts are to possibly do a pilot group here, with the Boys and Girls Club, the Rec. Dept. or the Summer Lunch Program. | Will discuss what this program would look like in our city and who would be involved. |
| YMCA Diabetes Prevention Program (Mike) | National CDC approved program that YMCA will be starting in Feb. This is a partnership with the CDC Diabetes National Prevention Program and the YMCA. It is a 12 month program for individuals that are at risk for diabetes. Initially they meet 1x/week for 4months, followed by 1 x a month for the remaining 8 months. They are able to take 10-15 people/session. Cost \$429.00. The program focuses on healthy eating habits, stress management, and exercise. Goal of 7% weight loss and 150 minutes of exercise/week. There will be a session starting Wed. Feb. 18 th 6-7pm and March 10-11 th . The program includes free Y membership the first 4 months, followed by discounted membership the remaining months. There is financial assistance through some insurance and the Y. Three different flyers were handed out, and available for distribution in the community (Medical providers, Workplace, and General Public). | Brochures given to all coalition members; more available thru Mike at the YMCA. Interested to see the % of those that complete the program Any questions, please contact the Sheboygan YMCA Mike or Lindee. Mike: 451-8000 Ext 118 mburns@sheboygancountyymca.org |
| Employee Health and Fitness Day(Sherri) | We started to discuss the colors and kinds of shirts that we want for the day. It may be the 20 year anniversary of this event; so might look at shirts having a more retro look. | Sherri will get some ideas for shirts and email all members |
| ROUNDTABLE Stacey | SASD will continue to work with Nourish and will be providing the Summer Backpack program. They did not get the PEP grant they were hoping for but are looking at different funding opportunities. Central and Urban will have dinner now served at the schools. | Informational |

| AGENDA/TOPIC | DESCRIPTION/DISCUSSION/RECOMMENDATIONS | ACTION/FOLLOW-UP |
|---------------------|--|-------------------------|
| Mary | OK2ASK information is out in the community on busses etc. Looking at making sure we get the word out about it!! | |
| NEXT MEETING | Wednesday February 25 th , 2015 8:00 a.m. at Sheboygan County Health and Human Services Building. Room location to be determined. Meeting minutes recorder: Amy | |