



Public Health  
Sheboygan County  
Division of Public Health

## Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING Minutes – October 18, 2016



<b>DATE/TIME/PLACE</b>	October 18, 2016, 8:05– 9:35 a.m. Sheboygan County Health & Human Services Building Room 372	<b>PRESENT</b>	Michelle Urbanek, Taylor Haeffele, Vicky Schneider, Cecilia Smith, Laura Apfelbeck, Darcy Vollrath, Liz Kroll, Judi Smith, Jenny Vorpapel, Libby Holte, Mary Paluchniak, Ryan Laswell, Kevin Donnelly, Jean Pittner, Amy Betke
<b>PRESIDING</b>	Amy Betke and Jean Pittner, Co-chairs		
<b>RECORDER</b>	Laura Apfelbeck	<b>EXCUSED</b>	Carolyn, Kris F., Sherri, Megen, Lauren S. Laura D. Kristine K., Kelly, Jeri, Diane, Carrie, Brenda, Amy G. , Erica




**Mission Statement:** The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

**Committee Goals:**

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
<b>INTRODUCTIONS (Amy/Jean)</b>	Introductions: Cecilia Smith – Intern with <i>Nourish</i>	
<b>PAST MINUTES</b>	<ul style="list-style-type: none"> <li>• Any Changes to the <b>9.27.16</b> Meeting Minutes?</li> </ul>	Members approved as written.
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) <b>(Libby)</b>	<ul style="list-style-type: none"> <li>• Leadership Council Report: No meeting held since last report in September – next scheduled meeting will be October 24, 2016.</li> <li>• SCAN HSC 2020 Goals/Coalition: No updates at this time.</li> <li>• CHIP update: Needs assessment will be completed in May of 2017, would like to draft a new CHIP by Sept 2017 so that by Jan 2018 it is ready to implement. DPH is hoping to have 2 AHEC interns for 8 weeks June/July 2017. Plan for them to work with SCAN and the Mental Health/Substance abuse subcommittees to review data and assist future plans.</li> </ul>	Report from October 24 HSC 2020 leadership meeting to follow in Nov.
HSC 2020 Website Update <b>(Jenny)</b>	<ul style="list-style-type: none"> <li>• Update: Recent update of Yoga/Dance Opportunities Handout and SASD Harvest of the Month for October posted.</li> <li>• Reported limited posts for calendar. Encouraged group to submit any health related events.</li> </ul>	Informational. <a href="http://www.healthysheboygancounty.org/assets/Uploads/SCAN/Resources/Yoga-Dance-Flyer-2016.pdf">http://www.healthysheboygancounty.org/assets/Uploads/SCAN/Resources/Yoga-Dance-Flyer-2016.pdf</a>

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HSC 2020 Press Articles (2016) <b>(Jenny)</b>	<ul style="list-style-type: none"> <li>Update: All articles for 2016 accounted for. Coalition members to consider articles for 2017.</li> </ul>	
Well County Designation Update – <b>(Kelly)</b>	<ul style="list-style-type: none"> <li>Process Update: Next step is for WELCOA to meet with committed companies on January 25, at Sargento. This will be a training and mentoring meeting.</li> <li>Well County logo update: Three volunteers working to come up with some options for a new Sheboygan Well County logo. From there we will narrow it down to three options, and participating companies will vote on the final logo.</li> </ul>	Please refer any additional interested companies to Jean, Amy or Kelly.
Update Evergreen/Jaycee Quarry Trail Map (Phillip Mercier UW Medical Student project/Jon Holcomb) <b>(Jean)</b>	<ul style="list-style-type: none"> <li>Update: Working with Joe Kerlin to finalize the trail map. FatKats has begun purchasing the materials for signs and markers. They will be building two kiosks for information at the Quarry. Installing bike/shoe wash at the Quarry to avoid spreading invasive seeds. Jon Holcomb may come to the SCAN Nov. meeting to share progress.</li> </ul>	Informational
Local Food System Project and Sheboygan County Food Bank Update <b>(Liz /Judy/Mary/ &amp; Amy G./Jean)</b>	<ul style="list-style-type: none"> <li>Update: Last meeting August 16, 2016 – Await information on future meetings. Liz Kroll reported at this time there is uncertainty whether the Local Food Network group will meet in Nov.</li> <li>Liz reported having just received the Boy Scout Drive donations. Next focus will be the Making Spirits Bright food donation campaign.</li> </ul>	Updates when available.  Informational.
Sheboygan Area School District update <b>(Judy or Amy G.)</b>	<ul style="list-style-type: none"> <li>Hired a grant writer to work on adding Farm to School programing.</li> <li>Working with Festival Foods to tie in <i>Harvest of the Month</i> and <i>Harvest of the Week</i> (in summer).</li> <li>A Hoop house is hoped for to be located at Jefferson school along with educational materials with a field to plate focus (similar to Plymouth’s program). Writing for \$100K grant due at the end of the month (addition to PEP grant recently received)</li> <li>Physical education teachers included PE equipment for Spirit of the Lake.</li> <li>Connecting with UW-Extension FoodWise on this program. Covers physical education, nutrition education, vending, wellness, etc.—</li> <li>Nourish is working at 26 school sites to assess programing with pre/post evaluation.</li> <li>Also working on an equipment grant for schools that have limited/old/outdated kitchen resources.</li> </ul>	 HOTM_Community Flyer_OctBroccoli 10.   HOTM_recipe_card_OctBroccoli_BW 10.16
Nourish Updates <b>(Ryan)</b>	<ul style="list-style-type: none"> <li><i>The Nourish Good Food Party</i>, September event report: Sold Out for this event; went well.</li> <li>Working on updating their website.</li> <li>Trying to get ahead with the Harvest of the Month flyers...new format in progress. Sharing between Plymouth and Sheboygan School Districts.</li> <li>Spent 35 weeks at Jefferson School last year working with the students there to get them to try fruits and vegetables; “couldn’t even get some to eat Apple Crisp”. This year kids are now saying “I trust your food will be good”; more open to trying new foods. Nourish prints out and provides recipe cards; also available at Nourish. Cecilia (intern) is working on recipes that meet</li> </ul>	Informational.

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	<p>grain/meat/veggie requirements for school menu snack program (partnering with Amy the School Registered Dietitian as well), to make sure offerings meet guidelines.</p> <ul style="list-style-type: none"> <li>Nourish is also starting a new program called <i>Kicks and Carrots</i> at the Boys and Girls club; Heather Bassett from Nourish is a skilled marital arts teacher, and this is a way to partner the martial arts activity/philosophy with health eating.</li> </ul>	
<p>Senior Population Update <b>(Darcy/Erica/Kerri)</b></p>	<ul style="list-style-type: none"> <li>Update: October 12<sup>th</sup> Bingo event "Dinner – Bingo" at Emil Mazey Hall; lower turnout then they had hoped. Suspect r/t poor weather and darker evenings.</li> </ul>	<p>Informational</p>
<p>Employee Health &amp; Fitness Day <b>(Sherri/Christine O.)</b></p>	<ul style="list-style-type: none"> <li>Revisit in January</li> <li>Jean reported that there was an article posted in the Wednesday Sept. 28<sup>th</sup> Beacon re: the May Employee Health and Fitness Day event.</li> </ul>	
<p>Food Drive Toolkit &amp; DYB Farmers' Mkt. program <b>(Mary/Jean/Amy/ Liz, Laura A.)</b></p>	<ul style="list-style-type: none"> <li>Update: Group has met and in final stages of making it specific to Sheboygan County. The individual flyers for ideas for donating healthy foods are complete. This will allow Liz to use in the upcoming <i>Making Spirit's Bright</i> collection. Finalized Tool Kit to be completed in the near future.</li> <li>Mary reported that the Double Your Bucks program was well received, however there will be monies left over. She did state that the monies will be rolled over for the Winter's Farmers market and 2017 summer market, if necessary. Survey results will be compiled with the help of UW-Extension.</li> </ul> <div style="text-align: center;">   <p>Food Donation Poster-Grayscale #2. Poster-Color #2.pdf</p> </div>	<p>Update at next meeting. Flyers attached for use.</p> <p>Update at Nov. meeting planned.</p>
<p>Miler in Training 2016 <b>(Kevin/Mary/ Jean/Amy)</b></p>	<ul style="list-style-type: none"> <li>Update re: partnership with South and North High Schools – no recent meeting; class/program will be available second semester.</li> <li>Keven reported that he is working with the Principal and PE teacher at Jackson school to organize a bike/walk to school day in May of 2017.</li> </ul>	<p>Informational</p>
<b>NEW BUSINESS</b>		
<p>How/Where to hold SCAN Funds (T-Shirt monies, etc...) <b>(Jean/Amy)</b></p>	<ul style="list-style-type: none"> <li>Update re: holding of Misc. SCAN funds. Donna Wendlandt from the YMCA has agreed to hold these monies in a sub-account of the <i>Well County</i> Funds. These monies will be used in support of Employee Health &amp; Fitness Day.</li> </ul>	<p>Informational</p>
<p>Born Learning Trail <b>(Jean)</b></p>	<p>"Born Learning" Trail with 10 signs with different activities a parent and child can do together to promote interaction and brain stimulation is now up and running at Generations in Plymouth. Information to be added to SCAN website.</p>	<p>Informational</p> <div style="text-align: center;">  <p>0285_0001.pdf</p> </div>
<p><b>Roundtable: (All)</b></p>	<p><b>Mary P</b>—Drug Takeback day on Saturday 10-1 to drop off old medication at 5 sites. Events are held twice yearly, one in spring, one in fall. There are multiple sites across Sheboygan to drop</p>	<p>Informational</p>

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	<p>off unwanted meds throughout the year. Sharps can be dropped off at St. Nicholas hospital; need to be in an approved sharps container OR contained in a Laundry detergent type jug, up to 100 oz. size, at any time. Oral Health partnership—"Operation Gratitude" a candy collection usually first week of Nov, collects and sends candy to troops overseas.</p> <p><b>Libby</b>—epi-pens were another concern b/c they are sharps AND meds. The Sheboygan Police Dept (North 23<sup>rd</sup> street) will now dispose of unused Epi pens for the community. Can be dropped off at this site only in same drop box. Looking for ideas regarding ways to get info out about disposal of unwanted meds; they are now working with funeral homes b/c families don't always know what to do with meds when a family member dies.</p> <p><b>Kevin</b>—his daughter's Girl Scout Troup is adopting a family for Christmas, and they are asking for items such as diapers, underwear, and socks. SCAN members are interested in helping with this program by adopting a family for Christmas assistance.</p> <p><b>Liz</b>—just received a FEMA grant to purchase diapers and feminine hygiene products, which were specifically requested. They also provide dog and cat food to pantry users.</p> <p><b>Judi</b>—started after school snack program at 3 schools—Jefferson, Longfellow, Sheridan.</p> <p><b>Laura</b>—Wisconsin Nutrition Education Program (WNEP) is now FoodWise. Working toward programming in 4 low income schools, 5 food pantries, 10 senior meal sites, Forward Services, and others in Sheboygan Co.</p> <p><b>Ryan</b>—Sargento reached out for CSA drop off at all their locations. <i>Nourish</i> took 3<sup>rd</sup> place at the John Michael Kohler Octoberfeast event.</p> <p><b>Michelle and Taylor from Aurora</b>--UW Health System has gotten rid of all regular soda (only available with a MD Rx) as one of their wellness initiatives. Initially there was grumbling but the <i>spa water</i> was a positive. On Oct 28<sup>th</sup> a breast cancer awareness event will be held at the library; will also be translated into Spanish and Hmong.</p>	<p>Kevin will bring information to Nov.'s meeting.</p>
<b>NEXT MEETING</b>	<p><b>Note next meeting date: <u>November 15, 2016 Room 372 Health and Human Services Building: 8:05 – 9:35 a.m. Jenny will be the minutes Recorder.</u></b></p>	