



**Public Health**  
Sheboygan County  
Division of Public Health

## Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING Minutes – November 15, 2016

<b>DATE/TIME/PLACE</b>	November 15, 2016, 8:05– 9:35 a.m. Sheboygan County Health & Human Services Building Room 372	<b>PRESENT</b>	Amy Betke, Jean Pittner, Diane Liebenenthal, Vicky Schneider, Jenny Vorpapel, Kevin Donnelly, Lidia Kalsow, Kathy Blanke, Megen Rapp, Taylor Haeffele, Judi Smith, Jeri Dreikosen, Darcy Vollrath, Mary Paluchniak, Kristine Kath, Erica Golhardt, Sherri Samuels Fuerst, Laura Apfelbeck, John Holcomb
<b>PRESIDING</b>	Amy Betke and Jean Pittner, Co-chairs		
<b>RECORDER</b>	Jenny Vorpapel	<b>EXCUSED</b>	Brenda Z., Carolyn V., Karlyn R., Ryan L., Michelle U., Liz K., Amy G.

**Mission Statement:** The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

**Committee Goals:**

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
<b>INTRODUCTIONS (Amy/Jean)</b>	<p>Introductions: Kathy Blanke – Guest – new member. Kathy is a recently retired Registered Dietitian who moved back to the Plymouth/Crystal Lake area, where she grew up. In the last 16 years of her profession she was the director of the Omaha, Nebraska WIC program. She is interested in the SCAN coalition and hopes to get involved in the MyPlate program thru the SASD/Nourish, and doing some volunteer work with the Sheboygan County WIC program.</p> <p>Jon Holcomb - Guest presentor</p>	<p>Kathy's name was passed on to Amy G. (SASD) and Ryan L. (Nourish). Kathy will be added to SCAN member roster.</p>
Evergreen/Jaycee Quarry Trail Map (Initially Phillip Mercier UW Medical Student project/Jon Holcomb)	<p>Jon Holcomb provided an update on the status of the Evergreen/Jaycee quarry trail maps. Jon stressed some people think defining trails can be limiting, however there have been complaints of people getting lost. Newly created maps will help preserve the park and keep users on trails/prevent from getting lost.</p> <p><b>Will the map include all trails or just biking?</b> There will be biking and hiking trails. Not sure where they're at with the ski trails. Frisbee golf also being mapped. Looking for corporate sponsors to help pay for the individual user maps to be made available for trailer users.</p> <p><b>Have they thought about doing an app for phones?</b> Yes. If you go to fatkats.org it redirects to their facebook page. Eventually they'd like to have an app but not as of this time. <a href="https://www.facebook.com/fatkats/">https://www.facebook.com/fatkats/</a></p> <p><b>Do trails only go in one direction?</b> No, they are omni-directional.</p> <p><b>Do you have to stay away during <i>Making Spirits Bright</i>?</b> They generally try to stay away from them but most of the trails are away from the event anyway. To date this hasn't been a concern.</p>	<p>Informational</p> <p>Jon is interested in keeping in touch with SCAN; added to member roster.</p>

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
<b>PAST MINUTES</b>	<ul style="list-style-type: none"> <li>Any Changes to the <b>10.18.16</b> Meeting Minutes?</li> </ul>	Approved
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP)	<ul style="list-style-type: none"> <li>Leadership Council Report: last meeting held–October 24, 2016. SCAN monies primarily for Employee Health and Fitness day “Start-up” will be moved from the Aurora foundation to the YMCA as a subledger of the Well County Account.</li> <li>SCAN HSC 2020 Goals/Coalition: <b>(No new report)</b></li> <li>CHIP update: <b>(No new report)</b></li> <li>Libby had her baby on October 22, 2016: A beautiful, healthy little boy named Calvin James, 7# 11 oz, and 21” long.</li> </ul>	<p>Informational</p> <p>Congratulations to Libby and her Husband Tim.</p>
HSC 2020 Website Update <b>(Jenny)</b>	<ul style="list-style-type: none"> <li>Update: Since the last meeting Jenny has tagged the press articles on the website. You can see the “ tags” on the right side of the “Articles” page to allow you quickly find an article by topic of interest.</li> </ul>	Informational
HSC 2020 Press Articles (2016) <b>(Jenny)</b>	<ul style="list-style-type: none"> <li>Update: All articles for 2016 accounted for. Deadlines to have early 2017 articles written are fast approaching! Please email <a href="mailto:HSC2020@sheboygancounty.com">HSC2020@sheboygancounty.com</a> if you are interested in writing an article for early 2017.</li> </ul>	Consider article topics for early 2017.
Well County Designation Update – <b>(Amy)</b>	<ul style="list-style-type: none"> <li>Process Update: report from last subcommittee meeting November 1, 2016. In the process of planning the first get together with all committed businesses on January 25<sup>th</sup> at Sargento. Talking about where we’ve been, how far we’ve come, and where we’re going.</li> <li>Well County logo update: Jose Gonzalez from Abacus Architects is working on adding color to the initial draft for review at next sub- committee meeting.</li> </ul>	Informational
Local Food System Project and Sheboygan County Food Bank Update <b>(Liz)</b>	<ul style="list-style-type: none"> <li>Update: Last meeting August 16, 2016 – Await information on future meetings.</li> <li>Liz was not able to attend today’s meeting, no update.</li> </ul>	Tabled
Sheboygan Area School District update <b>(Judy )</b>	<ul style="list-style-type: none"> <li>Update: They met with Liz from the food pantry and came up with survey questions projected to be used in the near future.</li> <li>November Harvest of the Month: Apple <a href="http://healthysheboygancounty.org/committees/activity-and-nutrition-scan/harvest-of-the-month/">http://healthysheboygancounty.org/committees/activity-and-nutrition-scan/harvest-of-the-month/</a></li> <li>PEP grant update: PEP grant budget was sent in last week. Once it’s approved they will post a position. Once that person is hired, they can move ahead. Nourish will be also adding another position once the 2nd grant applied for (Farm to School) is approved .</li> <li>ELC’s <i>Play, Learn &amp; Grow...50 Million Stronger Together</i> program: Kris is pairing high school kids (PE Buddies) with younger kids from ELC/Head Start for physical education which includes various PE activities, such as a climbing wall. Kris reports both age groups seem to really enjoy the program.</li> </ul>	Informational
Nourish Updates <b>(Ryan not available)</b>	<ul style="list-style-type: none"> <li>Updates: Judy from the SASD reported that they are trying to get everything going with the PEP grant and have a couple other projects that they partner with Nourish for as well.</li> </ul>	Informational

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP																
Senior Population Update <b>(Darcy/Erica/Kerri)</b>	<ul style="list-style-type: none"> <li>Update: <i>The Share the Spirit</i> program is wrapping up. If you know of anyone in need for assistance with items for Christmas gifts, please let Darcy know.</li> <li>As of December 1<sup>st</sup> Golden Living Center will become <i>Sheboygan Health Services</i>. Name and logo will be changing. As far as Erica knows, nothing else will change. They are also hoping to create a fitness program for residents; anticipates shorten rehab stays and the goal of returning home stonger.</li> </ul>	Informational																
Employee Health & Fitness Day <b>(Sherri/Christine O.)</b>	<ul style="list-style-type: none"> <li>Revisit in January</li> </ul>	Tabled																
Food Drive Toolkit & DYB Farmers' Mkt. program <b>(Mary/Jean/Amy/ Liz, Laura A.)</b>	<ul style="list-style-type: none"> <li>Update: Currently working on finishing the modified Brown County toolkit (with permission). Jean recently gave the last round of updates to Jenny who will be putting it all together. We are hoping to have it completed and approved early 2017.</li> <li>Mary reported on survey results for Farmers Market/Double Your Bucks program. This is the first year with the initial data being positive. There were 156 unique users, many of them were first time SNAP users. The first year was very successful for double your bucks. Outreach was very important. EBT can also be used at the winter farmers market.</li> <li>WIC looking at the possibility of hosting some 'on site' Farmer vendors in 2017. This would provide easy access to and hopefully increased use of WIC Farmer Market benefits.</li> </ul>	Informational  Mary to look into options to help educate clients on use of their EBT at winter farmers market.																
Miller in Training 2016 <b>(Kevin/Mary/ Jean/Amy)</b>	<ul style="list-style-type: none"> <li>Update re: partnership with South and North High Schools. Class starts next semester. Curriculum is set.</li> <li>Bike to school pilot program: Jackson Elementary is on board! Event will be 5/10/17. Leading up to the day, there will be education on safety etc. It will be a bike/walk/ to get to school day. Optimist Park is the meeting point. Every child who will be biking has to wear a helmet. We are hoping this event will expand in 2018 to additional schools.</li> <li>Adopting a family for the holidays</li> </ul>	Kevin to reach out to multiple places to see if they have bikes and helmets for kids who don't have their own.  Kevin will email a sign up sheet for adopting a family.																
<b>NEW BUSINESS</b>																		
How/Where to hold SCAN Funds (T-Shirt monies, etc...) <b>(Amy)</b>	<ul style="list-style-type: none"> <li>Update re: holding of Misc. SCAN funds. \$320 Aurora is holding for us. The YMCA will have a sub-ledger for us by the end of the year.</li> </ul>	Informational																
<b>Dates and Minute Recorders for 2017</b>	<p><b>2017 Dates &amp; Minutes Recorder: 3<sup>rd</sup> Tuesday of the Month.</b></p> <table border="0"> <tr><td>January 17<sup>th</sup></td><td>Lauren Smith</td></tr> <tr><td>February 21</td><td>Liz Kroll</td></tr> <tr><td>March 21</td><td>Megan Rapp</td></tr> <tr><td>April 18</td><td>Michelle Urbanek</td></tr> <tr><td>May 16</td><td>Ryan Laswell</td></tr> <tr><td>June 20</td><td>Sherri Samuels-Fuerst</td></tr> <tr><td>July -----</td><td>No Meeting -----</td></tr> <tr><td>August 15</td><td>Taylor Haeffele</td></tr> </table>	January 17 <sup>th</sup>	Lauren Smith	February 21	Liz Kroll	March 21	Megan Rapp	April 18	Michelle Urbanek	May 16	Ryan Laswell	June 20	Sherri Samuels-Fuerst	July -----	No Meeting -----	August 15	Taylor Haeffele	If you are assigned and cannot make the meeting, please see if you can switch with someone else on the list, or let Jean or Amy know.
January 17 <sup>th</sup>	Lauren Smith																	
February 21	Liz Kroll																	
March 21	Megan Rapp																	
April 18	Michelle Urbanek																	
May 16	Ryan Laswell																	
June 20	Sherri Samuels-Fuerst																	
July -----	No Meeting -----																	
August 15	Taylor Haeffele																	

