



Public Health
Sheboygan County
Division of Public Health

Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING MINUTES – March 15, 2016


DATE/TIME/PLACE	3.15.16 @ 8:05 a.m. – 9:56 a.m. Sheboygan County Health and Human Services Building Room 372	PRESENT	Libby Holte, Christine Oleksy, Ryan Laswell, Kevin Donnelly, Diane Liebenthal, Darcy Vollrath, Erica Gollhardt, Nicole Hamilton, Mary Paluchniak, Jean Pittner, Amy Betke, Jeri Dreikosen, Sherri Samuels-Fuerst, Kerri Robertson
PRESIDING	Amy Betke and Jean Pittner, Co-chairs		
RECORDER	Erica Gollhardt	EXCUSED	Laura Apfelbeck, Karlyn Raddatz, Carolyn Verhage, Kris Fritz, Kelly Boeldt, Jessica Mella, Meredith Duchaine, Laura Donnelly, Vicky Schneider

Mission Statement: The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.


Committee Goals:

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
INTRODUCTIONS (Amy/Jean)	<p>Introductions: Tim E. Renzelmann – Patient Advocate/Cancer Coach @ Matthews Oncology Associates & Sheboygan Cancer & Blood Specialists. He is also the VP of the Sheboygan County Cancer Care Fund (www.sccf.org). Tim provided a brief update re: "Making Sheboygan County the Healthiest Place to Survive Cancer!"</p> <ul style="list-style-type: none"> • The primary focus for the Sheboygan County Cancer Care Fund (SCCCF) is to provide financial assistance ("gestures") to those experiencing financial hardship related to cancer diagnoses. The assistance provided is to help with living expenses and not to pay for medical bills. The guidelines are based on available funding and sliding scale payment. The policies are designed to aid individuals/families with modest requests to improve quality of life vs. fewer individual/families with more substantial requests. • Tim elaborated on the "Survive, Thrive & Be Fit" (ST&BF) program. He shared information about personal athletic & cancer experiences, combined with current cancer research, which supports the many physical as well as psycho-socio-emotional benefits of moderate intensity exercises for cancer patients and survivors. This program is offered at no cost to local cancer patients and survivors regardless of treatment status. The program focus is on living life fully with or without cancer. Their 2016 goal is to spotlight ST&BF survivor athletes and activities in an effort to support, encourage, and motivate others in the local cancer community (as well as the general community) to live as fully and as actively as they can. Any referrals can be forwarded to Tim. 	<p>Tim's Contact information: Patient Advocate/Cancer Coach Matthews Oncology Associates Sheboygan Cancer & Blood Specialists</p> <p>Vice President Sheboygan County Cancer Care Fund (www.scccf.org)</p> <p>1621 N. Taylor Drive, Suite 100 Sheboygan, WI 53081 920-458-7433 or 920-457-2223 (920-45-SCCCF)</p> <p>Email: trenzelmann@physhealthnet.com</p>

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	<ul style="list-style-type: none"> See attached flyer for upcoming Walk/Run event. 	 CancerCrusade2016.pdf
PAST MINUTES	<ul style="list-style-type: none"> No Changes to the 2.16.16 Meeting Minutes 	
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) (Libby)	<ul style="list-style-type: none"> Leadership Council Report from the 2.22.16 meeting: As a committee/subcommittee's we need to assure the Focus Areas are being reviewed at regular intervals, which include: Education/Prevention, Access to Service, Coordination/Continuity of Care, and Health Literacy are addressed. Next meeting: 3.28.16-discuss succession Chairperson after Jean Beinemann retires, process for submitting financial requests, and discussion re: 501 (c)(3) process. SCAN HSC 2020 Goals/Coalition: no updates CHIP update: no updates 	Informational
HSC 2020 Website Update (Libby)	<ul style="list-style-type: none"> Please continue to submit events using the event page on HSC website. Progress on possibility of linking other community event calendars on the site: <ul style="list-style-type: none"> The group discussed the issues with linking other community event calendars onto HSC 2020's calendar of events. Found that it's better to add the websites on the local resource page instead of linking community event calendars to avoid exclusivity. 	Informational
HSC 2020 Press Articles (2016) (Libby)	<ul style="list-style-type: none"> List of topics already written can be found on the HSC 2020 website. Next open slot in mid-June. Suggestion was made to have today's speaker Tim Renzelmann write a Press article re: their ST&BF program. 	Request to be made to Tim Renzelmann from SCCC to write an article in SCAN's slot in the Press
Well County Designation Update - (Kelly)	<ul style="list-style-type: none"> CEO breakfast scheduled for June 8 @ Maywood. Developing a strategic plan, due the end of July. Sheboygan County is joining WELCOA. 	Informational
Update Evergreen/Jaycee Quarry Trail Map (Phillip Mercier UW Medical Student project) (Jean)	<ul style="list-style-type: none"> Update: There is now a rough draft of the map from the engineering team in the parks department! Meeting with Fat Katz representative Jon Holcomb to go over the map and figure out how the legend and "rules of the road" could be displayed. Goal is to have project done by 3.25.16, as that will conclude his time in the area (currently in Howards Grove for his Family Medicine rotation). Side note: He will be doing several NeW DOC talks at Sheboygan North High School on March 17th. Their volunteer medical school organization (based out of Green Bay) will be bringing cadaver organs to the classroom to teach students about organ systems. States this is a great interactive format that allows medical students to talk to youth about important health topics (diet, effects of smoking and alcohol, importance of physical activity, etc...). 	Informational
Local Food System Project. (Jean/Mary/	<ul style="list-style-type: none"> Update Feb. Meeting: Amy and Jean attended. Greg Zahn presented similar information as what was presented at the 2.16.16 SCAN meeting. The director from Milwaukee's Hunger Task Force is gathering information for our area to help to streamline/improve the promotion of food 	Informational

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Amy/Meredith/Ryan)	<p>security. Nourish will be offering a Community Meal program; which will emphasize locally grown, low cost, quick, and healthy food for the community. Jean requested that Nourish get information to her to distribute to clients who participate in the WIC program.</p> <ul style="list-style-type: none"> • Next Meeting will be May 24, 2016 at Jake's Café 2:30 – 4:00 p.m. 	
Sheboygan Area School District update (Meredith)	<ul style="list-style-type: none"> • Meredith took a position in Manitowoc School District, as Director of School Food Service. • Someone from the District School Food Service will replace her on the SCAN coalition. • March Harvest of the Month: Mixed Greens <ul style="list-style-type: none"> ○ All Harvest of the Month articles can be found on the HSC website ○ Tracy Barts from SASD will continue to forward the Harvest of the month information. 	Informational
Nourish Updates (Ryan)	<ul style="list-style-type: none"> • On April 20, Nourish will be providing its first Open House Community Dinner. <ul style="list-style-type: none"> ○ Ryan also reported that during this community dinner, kids will have a chance to create/decorate their own beehive that will be placed at the Rehabilitation Center of Sheboygan (RCS)/Nourish Education Gardens. <i>City Streets Beehive</i> will help in this process. They currently have 2 beehives placed at Meals on Wheels, 1 at Nourish, and 1 at UW Sheboygan. • Openings available for: Nourish Tours 2016 for SCAN members 4-6 volunteers each session: SCAN dates = Tuesday's July 26th and August 23rd <ul style="list-style-type: none"> ○ Open slots for Tuesday August 23rd still available ○ Would meet at and work at a partner farm, then go to one of the area shelters to prepare and serve the meal. • Glean WI <ul style="list-style-type: none"> ○ Farmers harvest food for restaurants, etc. and often have a lot they cannot sell to the restaurant d/t imperfections, etc. The plan would be to use the food that's not able to be sold, as donations to other organizations in the area, such as food pantry's or meal sites to help promote fruit/veg intake. Farmers would be able get a tax write-off, dependent on the amount donated. • Nourish will be at SASD this summer every Thursday from 11:30-12:30 to do presentations for kids. Nourish needs 10 volunteers and SASD will need 10+ volunteers. • Ryan also reported that they are looking into doing presentations at Cosmic Bounce, Above and Beyond, and other organizations around Sheboygan County. • Looking for table legs for dining room at their new location! Please contact Ryan if you have any ideas on where to get these. 	<p>Informational.</p> <p>Let Jean or Amy know if you are interested in signing up for one of the Nourish tours.</p>
Senior Population Update (Darcy/Erica/Kerri)	<ul style="list-style-type: none"> • Sheboygan County Senior Picnic is scheduled for mid-July. Theme: Frank Sinatra • Senior Health and Fitness Day will be Wednesday May 25. Flyers/Registration forms will be mailed out by the end of the week to area organizations. Erica has requested a booth from HSC 2020. 	Let Darcy know if your organization is interested in hosting a booth for the Senior Picnic; and Erica r/t Senior Health and Fitness Day.
Chairperson for Employee Health & Fitness Day (Sherri)	<ul style="list-style-type: none"> • May 18th Employee Health and Fitness Day! • Attachments for Emp. Health & Fitness Day flyer and registration form, etc. to be sent out to committee members. 	Information forwarded to committee members. Let Jean or Amy know if you

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		have not received this.
2016 Worksite Wellness Workshop Update (Jean and Amy)	<ul style="list-style-type: none"> • Finalizing details • Currently 31 individuals signed up for the event. • Program Agenda attached. • Go to the HSC 2020 website for registration information. 	 2016 Program Agenda.docx
Food Drive Toolkit & Double Your Bucks (DYB) Farmers' Mkt program (Mary/Jean/Amy)	<ul style="list-style-type: none"> • Mary reported that she has been in contact with the Sheboygan County Interfaith Organization. • DYB implementation is a possibility this summer for those with Food Share, for use at the Farmer's Market. Interfaith is considering using tokens for individuals paying with debit or credit at the market as well, to decrease the stigma. 	Informational. Subcommittee to continue to meet.
Miller in Training 2016 (Kevin/Mary/Jean/Amy)	<ul style="list-style-type: none"> • Ideas/Needs/Goals for 2016: update since meeting with South and North High School PE and Culinary Arts teachers 2.3.16: <ul style="list-style-type: none"> ○ Both schools created a wish list for Aurora and St. Nick's to help with items for their programs. ○ Anonymous donor came forward to help enhance youth nutrition and activity as well. • Both schools agreed to conduct data collection next year. 	Meet with anonymous donor regarding where their funds will be distributed.
NEW BUSINESS		
Add local CSA's to the website (Kelly/All)	<ul style="list-style-type: none"> • <i>Local Harvest.org</i> is a good starting point as a reference for individuals and employers trying to locate area CSA's, however it was felt that their website is not always up to date. Ryan is willing to work on developing a flyer/resource list of CSA's and Farmer's Markets in the area. • Idea was brought up re: having an educational table at the Farmer's Market on the 1st Wednesday of each month in the summer. 	Informational. Revisit at April meeting.
Roundtable	<ul style="list-style-type: none"> • Mary brought 2016 flyers regarding Helmet Safety and resource for individuals who need a helmet/helmet fitted. • Christine reported that Y-USA issued a grant to Wisconsin to test walkability for kids in the area. She's looking for other organizations to partner with the Y to make this happen in conjunction with Healthy Kids Day. Amy suggested f/u with NOMO (Non-Motorized) Sheboygan County and Kerri offered help from the Sr. Activity Center. • Ryan will send out info about Moses conference and compile an area CSA listing. • Jean reported that the 3rd annual Nourish Good Food Film Event held in Feb at John Michael Kohler Arts Center was well done. This year's theme was School Gardens. As a result of the movie an idea to partner Nourish with some of Maywood's programs was generated. This could include: establishing garden plots to educate program attendees re: growing, prep and eating of the foods they grow. 	Jean will check with Aurora to see if they have similar program; could then add information to website &/or DPH Face book page. Re: NOMO Sheboygan County http://www.nomosheboygancounty.com/infrastructure-projects
NEXT MEETING	Note: 2nd Tuesday this month: April 12, 2016 Room 372 8:05 a.m. Minutes Recorder = Kevin Donnelly	