



Public Health
Sheboygan County
Division of Public Health

Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING Minutes – April 18, 2017



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| DATE/TIME/PLACE | April 18, 2017, 8:05– 9:35 a.m. Sheboygan County Health & Human Services Building Room 372 | PRESENT | Lauren Smith, Vicky Schneider, Stacie Kuck, Jenny Vorpapel, Joni Thoresen, Erica Gollhardt, Ryan Laswell, Judi Smith, Maria Liesegang, Darcy Vollrath, Mary Paluchniak, Kevin Donnelly, Megen Rapp, Laura Apfelbeck, Ann Gamoke, Kelly Boeldt Diane Liebenthal, Jean Pittner |
| PRESIDING | Jean Pittner , Amy Betke (excused) Co-chairs | | |
| RECORDER | Megen Rapp | EXCUSED | Jeri, Kris, Kristine, Brenda Z., Amy B., Michelle |


Mission Statement: The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

Committee Goals:

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

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| INTRODUCTIONS (Amy/Jean) | Introductions: Maria Liesegang - new SCIO Farmer’s Market Coordinator | Contact information: scio.marial@gmail.com |
| PAST MINUTES | <ul style="list-style-type: none"> • Any Changes to the 3.21.17 Meeting Minutes? No changes noted. | Informational. |
| Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) | <ul style="list-style-type: none"> • Leadership Council Report: No Meeting in March, next meeting April 24th. • CHA/CHIP update: Libby unable to make the meeting d/t another commitment. Jenny Vorpapel reported on her behalf that the process continues to move forward. CHA data via key informants was sent off for analysis. Planning for data presentation in the Fall. | Informational. |
| HSC 2020 Website Update (Jenny) | <ul style="list-style-type: none"> • Update: Members asking for the HSC2020 business cards to be available to direct community members to the website. | Amy/Jean to bring these to next meeting for members to distribute. |
| HSC 2020 Press Articles (2017) (Jenny) | <ul style="list-style-type: none"> • Update: all dates signed up for thru May. Four open slots in June, deadline for submission is the middle of May. • Articles done recently: <i>Nutritious eating for one</i> (Heather/Nourish) & <i>Tai Chi could be answer for</i> | Let Jenny know ASAP if you are interested in writing a Press article for HSC 2020. |

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| | <i>elderly seeking exercise (Erica G.)</i> | |
| Well County Designation Update – (Kevin) | <ul style="list-style-type: none"> • Process Update: report from last subcommittee meeting April 4, 2017. • Next training scheduled for Wed. April 19th: WELCOA University will be held at Sargento, 25 companies signed up. Van Horn and Elkhart Lake/Glenbeulah School district considering signing on to the Well County initiative. | Informational |
| Evergreen/Jaycee Quarry Trail Map (Initially Phillip Mercier UW Medical Student project/Jon Holcomb) (Jon) | <ul style="list-style-type: none"> • Updates. No new updates. | Tabled for May meeting. |
| Sheboygan County Food Bank Update (Liz/Lauren) | <ul style="list-style-type: none"> • Sheboygan County Food Bank. Stock boxes (Food items) were dropped off at some of the Low Income Senior Housing sites in early April; well received. • Saturday May 13th Stamp Out Hunger Food Drive (Mail Carriers) • Food Bank staff will be participating in National Health and Fitness Day. • New this Holiday Season: The Making Spirits Bright event will host a 5K walk/run on Nov. 18th. The walk/run will be thru the Evergreen Park Light Show, with proceeds benefiting the Food Bank. A suggestion by members was to also market this event thru the Shoreline Striders running group, and to request volunteers to help at the event via High School Cross Country Teams. | Informational |
| Sheboygan Area School District update (Judy) Head Start – (Joni) | <ul style="list-style-type: none"> • Update: Sheboygan Area Received Summer Nutrition Education Award; only 3 schools of 49 WI schools received this award. • April Harvest of the Month = Onions <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  HOTM_CommunityFlyer_AprilOnions.pdf </div> <div style="text-align: center;">  HOTM-recipecard-AprOnions.pdf </div> </div> <ul style="list-style-type: none"> • PEP grant update: initiatives in progress. Waiting on Equipment grant monies. • With changes in School Lunch Service; noting an increase in speed of Lunch Lines, to allow kids more time for active play. • Retired SASD teacher has been helping with lobbying for school lunch initiatives. • Joni – reported they will be starting tomorrow to review their 2017-2018 school year menus. | -Informational |
| Nourish Updates (Ryan) | <ul style="list-style-type: none"> • Updates: Pollinator workshop is scheduled for April 29th. • Summer Lunch program still looking for volunteers. • One can now sign up for the Farm to Table Tours, on line. These are funded by Corporate Tours; community tours are then free. • They have a probable intern candidate for the summer. | Informational |
| Senior Population Update (Darcy/Erica) | <ul style="list-style-type: none"> • Update: Erica reported that Kerri will be taking the seniors out to Fountain Park for Senior Health and Fitness Day. • Saturday August 19th Event for seniors will be held at the Farmers Market. | Informational |

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| | <ul style="list-style-type: none"> Darcy reported their annual Senior Fair- Picnic is scheduled for Wed. July 19th 10:00 a.m. to 3:00 p.m. This year's theme is the USO. | |
| Employee Health & Fitness Day | <ul style="list-style-type: none"> Updates: Christine reported via email following the meeting that the number of registrations for the event on May 17th, are at present comparable to last year. T-shirt orders are due shortly. 20 minutes minimum of activity for the day required to participate. Contact Christine Oleksy for additional information (forms, etc. available) coleksy@sheboygancountymca.org | Informational Encourage family and friends to sign up. |
| Food Drive Toolkit & DYB Farmers' Mkt. program (Mary/Jean/Amy/ Liz, Laura A.) | <div style="text-align: center;">  Sheboygan County Food Drive 5 Toolkit F </div> <ul style="list-style-type: none"> Food Drive Toolkit is complete and attached. Watch for updates on Food Bank website in June to kick off healthy donations to the Food Bank. HSHS St. Nicholas Hospital will once again be providing financial support for the Double Your Bucks program at the Sheboygan Farmers Market. Food Share EBT participants will also be able to use this program 8x/month vs 2x/month last year. In addition leftover monies from the 2016 year program will be used to fund an Intern at SCIO to help with this program. A Hmong interpreter will be provided via the Extension program to translate at the Farmers Market Vendor Training this year. "Small Steps" a program via United Health Care will partner with WIC this year to provide 100 \$5.00 vouchers to give to those WIC participants who used their WIC Farmers Market Benefits, and do not qualify for the Double Your Bucks program. This is anticipated to be a great benefit as well to larger families. | <p>Please share this great tool kit with organizations that may be hosting a Food Drive. In addition look for the Tool Kit on the HSC 2020 website.</p> <p>Double your Bucks subcommittee to meet to determine program needs for 2017.</p> |
| North/South HS partnership and Walk/bike to school event (Kevin/Mary) | <ul style="list-style-type: none"> Update re: partnership with South and North High Schools; tabled for next school year. Walk/Bike to School initiative May 9th Jackson Elementary School has been rescheduled for 2018. Kevin reported that the PTO formed a running club with students, which currently meet 2x/week. 50-60 kids have signed up at Jackson. They are planning an end of the school year Family Color Run. | Informational Revisit the Walk/Bike to school event next year. |
| Plymouth Wellness Initiatives (Carrie, Anne) | <ul style="list-style-type: none"> Update: in process of preparing for a DPI School District audit (every three years). Will be at their site next week. Primarily involves the school lunch program, however is now expanding to include the school's wellness policy. Will be looking at Wellness Committee updates; inclusion of students and parents. Primary audit focus this time will be at Riverview School. Will also study quality for play/activity/wellness and natural environment. Working on Pollinator education, My Plate, Gardening and cooking classes over the summer. | Informational |
| City Planning Grant Initiative (Nancy or Chad) | <ul style="list-style-type: none"> No updates available. | Will plan for update next month. |
| Local Food System Project | <ul style="list-style-type: none"> Update: Next meeting will be by May 23rd at Nourish from, 2:00-3:00 p.m. Planning for 2nd survey to be emailed to previous membership/current membership email list in | Informational |

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| (Liz/Judy/Mary) | the next week. | |
| Reminder: Dates and Minute Recorders for 2017 | <p><u>2017 Dates & Minutes Recorder:</u> January 17th Lauren Smith February 21 Liz Kroll March 21 Michelle Urbanek April 18 Megen Rapp May 16 Ryan Laswell – Will be held at Nourish June 20 Sherri Samuels-Fuerst July -----No Meeting ----- August 15 Taylor Haeffele September 19 Vicky Schneider October 17 Amy Giffin November 21 Christine Oleksy SCAN Mtg Cancellation Policy: if the Sheboygan Schools are closed d/t weather, we will NOT hold SCAN meetings.</p> | Let Amy or Jean know if can't take minutes or try to switch dates with someone. |
| NEW BUSINESS | | |
| Round table: | <p>Laura from Extension- Nutrition Educators busy: 22 lessons with Head Start programs. 75 lessons for My Plate at the Low Income Kindergarten classes 6 lessons for each of the ADRC meal sites = 320 lessons in 2018 fiscal year. Future plans for: gardening programs, and Boys and Girls club programming.</p> | |
| | <p>Stacy- Looking to get involved where needed; keep her in mind for volunteer opportunities. Lauren- Looking for volunteers for committee for 5k run/walk in November.</p> | |
| | <p>Ryan- Farm to table tours- sign up is online and corporate tours are available.</p> | |
| | <p>Kevin- Cancer Crusade is this Saturday, free, 2 mi walk, 5k run opens at 7:30, until 10:00 a.m. Donations from the event support the Cancer Care Fund.</p> | |
| | <p>Reminder: -Drug takeback day is April 29th, 10am-1pm. -Mental health resource event- May 2nd 4-6pm for community and professionals, can win an iPad http://www.healthysheboygancounty.org/assets/MH-AODA-Resource-Fair-5.2.17-2.pdf</p> | |
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| NEXT MEETING | <p>Next meeting date: May 16, 2017 at Nourish 1332 S. 13 St. Sheboygan: 8:05 – 9:35 a.m. Ryan Laswell will be the minutes Recorder. Note: Ryan reported that even though there is space to park perpendicular/slanted in front of Nourish, you will be ticketed unless you are parked parallel with the road.</p> | |