



**Public Health**  
Sheboygan County  
Division of Public Health

## Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING Minutes – May 17, 2016

<b>DATE/TIME/PLACE</b>	5.17.16 @ 8:05 a.m. – 9:45 a.m. Sheboygan County Health and Human Services Building Room 372	<b>PRESENT</b>	Kelly B., Erica G. , Diane L., Jean P., Amy B., Ryan L, Judy S., Mary P., Laura A.
<b>PRESIDING</b>	Amy Betke and Jean Pittner, Co-chairs		
<b>RECORDER</b>	Kelly Boeldt	<b>EXCUSED</b>	Darcy V., Libby H., Jeri D., Kristine K., Vicky S.


**Mission Statement:** The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

**Committee Goals:**

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
<b>INTRODUCTIONS (Amy/Jean)</b>	<p>Welcome: Liz Kroll Executive Director Sheboygan County Food Bank. Brief review of the Mission of the County Food Bank and how we might partner in many ways, including the pending <i>Food Drive Collection Toolkit</i>.</p> <p>Welcome: Judy Smith Sheboygan Area School District Nutrition Coordinator <b><a href="mailto:jsmith@sheboygan.k12.wi.us">jsmith@sheboygan.k12.wi.us</a></b> Judy manages the School Nutrition program for 26 locations, 11,000 students. They are working to get more Nutrition education into the classrooms. The school district recently submitted for a PEP grant. The goal of the grant is to improve its K-12 nutrition, health and PE programs. The grant is very competitive...Judy estimates a 5-10% chance of receiving the funding. A MyPlate curriculum is in process in the schools; pilots @ Urban and Longfellow schools.</p> <p>Announcement: Ryan Laswell was voted one of the Top 10 Young Professionals out of a pool of 100 nominees, at the Sheboygan County Chamber event hosted on May 10th, at the Osthoff. Erica Golhardt was also nominated for this award.</p>	<p>Liz Kroll did not make this meeting; will need to reschedule for an upcoming meeting.</p> <p>Informational.</p> <p>Congratulations Ryan and Erica!</p>
<b>PAST MINUTES</b>	<ul style="list-style-type: none"> <li>• Any Changes to the <b>4.12.16</b> Meeting Minutes?</li> </ul>	Minutes approved without changes.
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP)	<ul style="list-style-type: none"> <li>• Leadership Council Report from the 4.25.16 meeting: As a committee/subcommittee's we need to assure the Focus Areas are being reviewed at regular intervals, which include: Education/Prevention, Access to Service, Coordination/Continuity of Care, and Health Literacy are addressed.</li> <li>• CHIP update: Amy/Jean/Kelly to meet later this month as the first subgroup to update progress on the <i>Well County</i> CHIP goal. We will also meet with the Miler in Training group: Kris, Mary</li> </ul>	<p>Informational.</p> <p>Meetings to be established in the future for each of the</p>

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<b>(Libby)</b>	and Kevin. The Fruits/Vegetable goals will be reviewed with Mary, Ryan and Stacey.	subgroups.
HSC 2020 Website Update <b>(Libby)</b>	<ul style="list-style-type: none"> <li>The <i>Exercise Opportunities in Sheboygan County</i> handout has been updated and revised on the HSC 2020 website. The information is available for community use, however does not represent an endorsement of the various organizations or events, by HSC 2020.</li> </ul>	Informational
HSC 2020 Press Articles (2016) <b>(Libby)</b>	<ul style="list-style-type: none"> <li>Update: Press article openings for the summer months have been filled.</li> <li>Jake Lambrecht, the Urban Farm manager at Nourish wrote an Article that was published 4.13.16; <i>CSA can be great tool for eating well.</i></li> <li>Sherri wrote the article: <i>Exercise is a fantastic, healthy return on time investment</i>, published 5.11.16, included promotion for Employee Health and Fitness Day.</li> <li>Erica wrote the article: <i>Celebrate Older Americans Month with exercise Activities</i>, published 5.18.16</li> </ul>	Let Libby know if you have an interest in any future dates.
Well County Designation Update - <b>(Kelly)</b>	<ul style="list-style-type: none"> <li>Process Update: <i>Sheboygan Well County</i> CEO Breakfast is scheduled at Maywood the morning of June 8<sup>th</sup>. 75 invitations went out; so far 21 signed up.</li> </ul>	Sub-Group will meet again 5.19.16 to work on further details for the event.
Update Evergreen/Jaycee Quarry Trail Map (Phillip Mercier UW Medical Student project/Jon Holcomb) <b>(Jean)</b>	<ul style="list-style-type: none"> <li>Update: No new information. Email message went out to Jon Holcomb, the new contact, without answer to date.</li> </ul>	Informational
Local Food System Project. <b>(Jean/Mary/Amy/Ryan)</b>	<ul style="list-style-type: none"> <li>Update: no meetings since February.</li> <li>Next Meeting will be May 24, 2016 at Jake's Café 2:30 – 4:00 p.m.</li> <li>Attending this meeting is a good way to know what's happening locally. Overlap has been noted among projects. Transitions predicted for the future, to avoid duplication. Greg Zahn is involved with the <i>Food Hub</i>, which is now called <i>Farm Link</i>.</li> </ul>	<i>Farm Link</i> will fund a position to coordinate buyers and sellers of local produce.
Sheboygan Area School District update <b>(Judy or Stacey)</b>	<ul style="list-style-type: none"> <li>Update:</li> <li>May Harvest of the Month: Tomato (on website). Looking into having translated into Spanish.</li> </ul>	Informational
Nourish Updates <b>(Ryan)</b>	<ul style="list-style-type: none"> <li>Updates</li> <li>Reminder July 26<sup>th</sup> Farm to Table Tour: Libby, Jean, Amy, Erica, Kelly and Mary signed up.</li> <li>Summer Lunch Volunteers: 1-2 volunteers needed at 6 sites from 11:30-12:30p.m.</li> <li>Farmers are seeing more of a direct to consumer market opening and selling-out CSA's, so there is not as much need to set-up at Farmer's Markets.</li> <li>Laura A.: The UW Extension attended the Hunger Summit. They are collaborating with Glean to reinstate mini-lessons at WIC to teach MyPlate and also educating Head Start children. A pilot is underway in Manitowoc, working with the Parks &amp; Rec Dept. at the Aquatic Center, to provide more local &amp; nutritious foods, with pricing lower than the unhealthy options.</li> </ul>	Ryan is looking for summer volunteers; contact him if interested.

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Senior Population Update <b>(Darcy/Erica/Kerri)</b>	<ul style="list-style-type: none"> <li>Senior Health and Fitness Day Wed. May 25<sup>th</sup> 9:00-2:00 at Fountain Park; rain location is the Southside Alliance Church. Typically includes Zumba, Tai Chi, music, activities &amp; luncheon in addition to the vendor manned displays. SCAN will try to create 3 shifts to divide up the time, to have SCAN board/materials there.</li> <li>Sheboygan County Senior Picnic: July 20<sup>th</sup> at South High School. The vendor fair is from 10 – noon; booth needs to be set-up by 9:00 a.m. \$10 fee for non-profit booth &amp; \$ 60 for a for-profit group.</li> </ul>	Informational  Contact Darcy to sign up.
Employee Health & Fitness Day <b>(Sherri)</b>	<ul style="list-style-type: none"> <li>Sherri: Needs help next year promoting and implementing the community wellness challenge for Employee Health &amp; Fitness Day. While Sherri is still willing to oversee the challenge, she needs assistance, particularly with recruiting and encouraging participants. There was a nice mention of the challenge in the Healthy 2020 press article "Exercise is a fantastic healthy return on time investment" The challenge was down 5 companies over 2015.</li> </ul>	Looking for project assistance: please consider.
2016 Worksite Wellness Workshop Update <b>(Jean and Amy)</b>	<ul style="list-style-type: none"> <li>Workshop went well. 64 Total Attendee's/42 Employers represented. Evaluations were very positive.</li> </ul>  <p>2016 Survey Results (2).pdf</p>	Informational
Food Drive Toolkit & DYB Farmers' Mkt. program <b>(Mary/Jean/Amy)</b>	<ul style="list-style-type: none"> <li>The Double your bucks program is funded by HSHS St. Nicholas Hospital for up to \$8,000 for Foodshare participants to match up to \$10 deducted from their Quest Card, per session offered. This program will be offered the 3<sup>rd</sup> Wednesday and 3<sup>rd</sup> Saturday of each month at the Sheboygan Farmers market location. . A survey will be done to measure effectiveness of the program. This program may need additional funding in the future.</li> </ul>	AHEC students may be utilized in June/July to survey users.
Miler in Training 2016 <b>(Kevin/Mary/Jean/Amy)</b>	<ul style="list-style-type: none"> <li>Ideas/Needs/Goals for 2016: Update re: partnership with South and North High Schools.</li> <li>PEP grant applied for by SASD.</li> </ul>	
CSA resource list project <b>(Ryan)</b>	<ul style="list-style-type: none"> <li>Local CSA's resource list for SCAN website</li> </ul>	Ryan will provide a resource list of CSA's for the HSC 2020 website.
<b>NEW BUSINESS</b>		
Discuss possible upcoming meeting date changes for June and September d/t schedule conflicts.	<p>June and September meeting date changes.</p> <p>June: change to last Tuesday of the month: June 28<sup>th</sup>?? The June meeting will need to include presentation of Employee Health and Fitness day awards.</p> <p>Sept.: change to last Tuesday of the month: Sept. 27<sup>th</sup>? To be reviewed at June meeting.</p>	Will look at dates that might also work for Sherri to present awards for Employee Health and Fitness Day. Change of date to be forwarded to committee members.

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<b>Roundtable</b>	Mary: the employees at All four HSHS Eastern WI hospitals are participating in a "Plant a seed" effort and collecting produce to donate to the food bank, for distribution to area food pantries.; June 30-Oct. 15.	Informational
<b>NEXT MEETING</b>	<b>NOTE Meeting Change for June: Canceled meeting for June 21<sup>st</sup>! Rescheduled for Thursday June 30<sup>th</sup> 8:05 a.m. Rm 372 Minutes Recorder = Jeri</b>	June meeting to begin with awards for Employee Health and Fitness Day Trophy winners.