



Public Health
Sheboygan County
Division of Public Health

Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING MINUTES – September 27, 2016

DATE/TIME/PLACE		Tuesday September 27, 2016, 8:00 – 10:00 a.m. <i>Public Health Building</i>	PRESENT	Judi Smith, Megen Rapp, Kris Fritz, Libby Holte, Christine Oleksy, Darcy Vollrath, Kevin Donnelly, Jenny Vorpapel, Taylor Haeffele, Vicky Schneider, Ryan Laswell
PRESIDING	Amy Betke and Jean Pittner, Co-chairs			
RECORDER	Judi Smith	EXCUSED	Amy Giffin, Brenda Zastrow, Carolyn Verhage, Diane Liebenthal, Jeri Dreikosen, Kerri Robertson, Kristine Kath, Laura Apfelbeck, Laura Donnelly, Liz Kroll, Mary Paluchniak, Sherri Samuels-Fuerst	

Mission Statement: The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

Committee Goals:

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
INTRODUCTIONS (Amy/Jean)	Introductions: New members/special guests: Jenny Vorpapel and Taylor Haeffele	Informational
PAST MINUTES	Minutes approved for August 2016.	
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) (Libby)	Leadership Council Report: Jean Beinemann previous HSC 2020 Leadership Chair has retired and Kristin (Blanchard) Stern and Libby Holte are the new co-chairs. Libby updated the group on the 3 steps for the community health needs assessment: <ol style="list-style-type: none"> 1. Community survey- phone survey by hired company- approx.. 15 minutes in length/per interview. 2. Secondary data report: schools, hospitals, police, fire, public works, etc 3. Key informant interviews (~1 to 2 hours) what are the priorities for the assessment. List of 45 items by end of the year, and then make a plan after data analysis and priorities are set. The three pieces will be done by April/sometime in Spring and is followed in Sept. of 2017 by the Community engagement piece. Next Fall the plan (CHIP) for 2018-2020 will be written.	Informational

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HSC 2020 Website Update (Libby)	Continue to submit events. Go to www.healthysheboygancounty.org and click on events and you can submit your own. Any health related events can be submitted; it is not limited to only SCAN events.	Informational
HSC 2020 Press Articles (2016) (Libby)	Jenny Vorpapel from DPH is in the process of taking this over from Libby. HSC 2020 articles are published in the Press every Wed.; 2016 dates are ALL taken. Dates open start in January 2017. Reminder: limit is 500 words or less and at a 6 th grade reading level. Link to submit an article to Jenny is: hsc2020@Sheboygancounty.com	If you are interested in writing a future article please let Jean or Amy know.
Well County Designation Update - (Amy)	The project was submitted the end of July to the Wellness Council of Wisconsin and has been approved!!!! We have 21 employers representing 21% of the county's workforce, who have completely committed. Awaiting finalization of commitment from a few additional organizations. Online webinar to help with training companies to be available. In January WELCOA comes to do the first training.	Subcommittee meeting next Tuesday.
Update Evergreen/Jaycee Quarry Trail Map (Phillip Mercier UW Medical Student project/Jon Holcomb) (Jean)	Last email from Jon Holcomb: They will be working with the Joe Kerlin's group from the City of Sheboygan Parks, to map and provide graphics for the trail. They have started planning for the construction and placement of the kiosks. Their group (The FatKats) hope to have this project complete by the end of October. The FatKats have also begun to seek sponsorships to help pay for the maps and signage.	If interested in sponsorship for funding maps and signage, let Jean know and she will connect you to the contact person.
Local Food System Project. (Jean/Judy/Mary/ Liz & Amy G.)	Update: Last met in August; no new update.	New attendees are welcome. Update re: meeting information will continue to be shared with committee.
Sheboygan Area School District update (Judi)	FFVP- Fresh fruit and veggie program is in 3 schools. Snacks are starting at 2 new sites in conjunction with Nourish. Supper program will continue past the pilot funded by a grant at Central and North. Waste is caused by insufficient time to eat. Kids can select or decline the food items and only need 3 items, however it was observed by a member that the time to eat is lacking. What to do about adequate lunch meal time was discussed. Judy suggested to have an impact on this issue, one should address concerns with the DPI- State Superintendent.	Contact DPI-State Superintendent to give input re: this issue.
Nourish Updates (Ryan)	<i>Good Food Party</i> is this Friday, with only a few tickets left. Nourish is considering a new idea - "Good Food Club" linking the programs together to allow them to better track changes made. Snack and backpack programs at the schools are up and running. Corporate Farm to Table tours continues to be available thru Nourish.	Announce availability of Corporate tours at <i>Well County</i> trainings to get the word out that this is available.
Senior Population Update (Darcy/Erica/Kerri)	Darcy reported that Senior Bingo is starting up again soon. October 12 th – Bingo and Dinner at the Emil Mazey Hall. Sept 10 th : Walk to End Alzheimer's at new venue: Evergreen Park, was very successful over \$80,000 was raised. Erica: Revamping Senior Health and Fitness day for 2017 - they are planning a day they can do the event	Contact Darcy for further information. Informational

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	at Fountain park (to be outside) and to be in conjunction with the 1 st Saturday in June Farmers Market opening. <ul style="list-style-type: none"> • Senior Center will host Women’s Health Fitness day at Fountain Park, Sept. 28th from 9:00 a.m. – 11:30 a.m. • Oct 27th Intergenerational Senior Festival 	More details to follow.
Employee Health & Fitness Day	Revisit in January.	Add to January Agenda
Food Drive Toolkit & DYB Farmers’ Mkt. program (Jean/Amy/ Jenny)	The Food Drive subcommittee is working on a Food Drive Toolkit, based on Brown County’s Toolkit. The Toolkit will help educate community members on how to promote a food drive, encouraging people to donate healthy food, with the premise that everyone deserves to eat well.	Subcommittee is working on making adaptations. Update planned for next meeting.
Miler in Training 2016 (Jean/Amy)	Expect to hear about the Pep grant on September 30th.	Subcommittee will regroup this October.
CSA resource list (Ryan)	<i>Park Ridge Organics</i> (Fond Du Lac), <i>Shared Seasons</i> (Waldo), <i>Rootdown Farm</i> (Plymouth), currently offer winter CSA’s and Old Plank Farm (Plymouth) may offer a winter CSA as well.	Informational
NEW BUSINESS		
How/Where to hold SCAN Funds (T-Shirt monies, etc...) (Libby/Members)	~\$350.00 is available as SCAN funds. Initial money will be needed for the t-shirt order, for Employee Health and Fitness Day. Donna/YMCA will be checking to see if she can hold these monies as a subaccount to the Well County funds (YMCA is currently the fiscal agent for the Sheboygan Well County Initiative).	Status report at next meeting.
Roundtable: (All)	<ul style="list-style-type: none"> • Kevin shared interest in the group helping to organize a bike to school day. This event is held in May. Keven had heard about an event Ozaukee County had done this past May. Discussion followed on if we could do this for Sheboygan County. Maybe start with one school. • Drug take back day is Saturday Oct 22, 2016, 10 to 1 PM. Need additional volunteers to help. Local police departments have a secure drop box you can use any time they are open. Sheboygan Police Dept. has one for epi pens as well. http://www.healthysheboygancounty.org/committees/mental-health-and-substance-abuse-committee/resources/medication-disposal-in-sheboygan-county/ • Jean shared on behalf of HSHS St. Nicholas that their Annual Memorial “SHARE” Service for those families having lost a child up to one year of age. This program will take place Oct 14, 2016, 6:30 p.m. RSVP to 920.433.8163 at St. Nicholas Hospital. • ““Being Mortal” Film screening and discussion; will take place at The Bull, Sheboygan Falls on Tuesday Oct. 18th, 6:30-8:30 p.m., and Tuesday Nov. 1st from 1:15-3:15 at Generations, Plymouth. FREE. Registration appreciated but not required. Aurora Sheboygan Community Outreach 920.451.5513. • Kris shared that ELC was partnering with high school students to work on physical activity 	Consider subcommittee for next year. Volunteers for Plymouth and Oostburg sites for collecting unused and unwanted medicines. Contact Libby if interested in helping out. Informational

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	programing with their students. The high school students will also be a "PE buddy" to an ELC student to be a healthy role model.	Informational
NEXT MEETING	Note October meeting date: <u>October 18th Room 372 Health and Human Services Building – 8:05 – 9:35.</u> Laura Apfelbeck will be the meeting minute's recorder.	