



**Public Health**  
Sheboygan County  
Division of Public Health

## Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING MINUTES – August 30, 2016

<b>DATE/TIME/PLACE</b>	Tuesday August 30, 2016, 8:00 – 10:00 a.m. <i>Nourish</i> - 1332 S. 13 <sup>th</sup> Street, Sheboygan	<b>PRESENT</b>	Kristine Kath, Diane Liebenthal, Mary Paluchniak, Ryan Laswell, Erica Gollhardt, Liz Kroll, Darcy Vollrath, Kris Fritz, Amy Giffin, Kerri Robertson, Sarah Bailey, Michelle Urbanek, Vicky Schneider, Katie Phillips, Taylor Haeffele, Kevin Donnelly, Libby Holte, Lauren Smith, Laura Apfelbeck, Sherri Samuels-Fuerst, Jeri Dreikosen
<b>PRESIDING</b>	Amy Betke and Jean Pittner, Co-chairs		
<b>RECORDER</b>	Jeri Dreikosen	<b>EXCUSED</b>	Brenda Zastrow, Kelly Boeldt, Laura Donnelly

**Mission Statement:** The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

**Committee Goals:**

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
<b>INTRODUCTIONS (Amy/Jean)</b>	Introductions: New members/special guests: Sarah Bailey (Head Start), Taylor Haeffele (Aurora), Lauren Smith (SCIO-Farmer’s Market), and Katie Phillips (DPH Nursing Student), Michelle Urbanek (Aurora)	New members: Please provide Jean Pittner with email address
<b>PAST MINUTES</b>	Minutes approved.	
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) <b>(Libby)</b>	Leadership Council Report: from August 22, 2016 meeting. Jean Beinemann retired and Kristin (Blanchard) Stern and Libby Holte are the new co-chairs.  SCAN HSC 2020 Goals/Coalition: Leadership Council is discussing best process of updating CHIP document which needs to be done every 3 years. The 3 years are up in 2017. Working on data for April, May, 2017. Goal is to have another CHIP written by spring, 2018.	Informational
HSC 2020 Website Update <b>(Libby)</b>	Continue to submit events. Go to <a href="http://www.healthysheboygancounty.org">www.healthysheboygancounty.org</a> and click on events and you can submit your own. It doesn’t have to be a SCAN event.	Informational
HSC 2020 Press Articles (2016) <b>(Libby)</b>	Jenny Vorpapel from DPH is in the process of taking this over from Libby. HSC 2020 articles are published in the Press every Wed. Dates open start in October through Dec. 500 words or less at 6 <sup>th</sup> grade reading level. Link to submit article to Jenny is: <a href="mailto:hsc2020@Sheboygancounty.com">hsc2020@Sheboygancounty.com</a>	If you are interested in writing a future article please Jean or Amy know.

<b>AGENDA/TOPIC</b>	<b>DESCRIPTION/DISCUSSION/RECOMMENDATIONS</b>	<b>ACTION/FOLLOW-UP</b>
Well County Designation Update - <b>(Amy)</b>	There is a subcommittee of SCAN that is over-seeing this initiative, headed by Kelly Boeldt from the Sports Core. The project was submitted the end of July to the Wellness Council of Wisconsin and is awaiting approval. We have 26 companies signed on representing 24% of the workforce. This involves over 14,000 employees in our County!!	Await approval from WELCOA. Subcommittee meeting monthly. For companies that would like more information that are not already signed up, contact Kelly or subcommittee member.
Update Evergreen/Jaycee Quarry Trail Map (Phillip Mercier UW Medical Student project/Jon Holcomb) <b>(Jean)</b>	Have not received any updates to date, from new contact person for this project. Graphic design in process.	Jean hopes to have update at next SCAN meeting.
Local Food System Project. <b>(Jean/Judy/Mary/ Liz &amp; Amy G.)</b>	Organizations that are involved in this project meet to share what each is doing in the community and discuss how they can work together. The groups' general focus is food access, education and food economy. Liz Kroll has accepted the lead role for this committee after previous chair, Kristin Abell has retired. Some of the organizations on this committee include SCIO, Nourish, SCAN, SASD Greg Zahn (Circle Union Farm), United Way, St. Nicholas Hospital, RCE Empowers, Sheboygan County Food Bank and MOW.	New attendees are welcome. Update re: meeting information will continue to be shared with committee.
Sheboygan Area School District update <b>(Judy or Amy G.)</b>	Nourish, Plymouth Area School District and SASD revamped the Harvest of the Month series—now it will be one page. It will be posted at local grocery stores and in the classroom newsletter. It is also on the website of: SASD Nutrition services page and Plymouth School district Food Service page. New this year: Any family who qualifies for reduced cost meals will get free meals. This program eliminates barriers for students' access to healthy meals and also takes some pressure off the food pantries.	Informational
Nourish Updates <b>(Ryan)</b>	Farm to Table—13 tours took place this summer-last one is today. Groups of 4-6 go to a local farm, learn where foods come from, harvest the food, work with a chef to prepare the food at Salvation Army (or another shelter) and serve the residents. Corporate tours are also available. Nourish also started Community Dinners (BMO Harris sponsors) this past year which cater to any and all segments of the community & showcases local food. Nourish Programs include: Farm to table tours, After School Snack, Weekend Food backpack, Summer lunch, educational Urban Farm, Community dinners & kitchens, Cooking class dinners.	Need to address Corporate tours at the sub-committee for Well County to get the word out that this is available.
Senior Population Update <b>(Darcy/Erica/Kerri)</b>	Darcy reported that 460 people attended the Senior picnic in July. The program had a Frank Sinatra theme.  Kerry reported that there will be a Volunteer Fair on Sept 14 <sup>th</sup> .  Sept 10 <sup>th</sup> : Walk to End Alzheimer's at new venue: Evergreen Park. Registration is at 8:30, ceremony is at 9:30 and walk begins at 10:00. Parking will be available at the lot to the right of the main entrance.	Let Darcy know if you have any suggestions for next year's program.  Informational.

<b>AGENDA/TOPIC</b>	<b>DESCRIPTION/DISCUSSION/RECOMMENDATIONS</b>	<b>ACTION/FOLLOW-UP</b>
Employee Health & Fitness Day ( <b>Sherri</b> )	Kristine Oleksy from the Y is taking over for Sherri. T-shirt design is developed in January.	Discuss T-Shirt options at the January meeting.
Food Drive Toolkit & DYB Farmers' Mkt. program ( <b>Mary/Jean/Amy/Liz, Laura A.</b> )	DYB Farmers' Market program: anyone with a food share card is eligible for this program. They can double their dollars up to \$10 at the Farmers' Market on the 3 <sup>rd</sup> Wed. and Sat. of the Farmer's Market Season. The biggest challenge has been increasing awareness of the program. The Food Drive subcommittee is working on a Food Drive Toolkit, based on Brown County's Toolkit. The Toolkit will help educate community members on how to promote a food drive, encouraging people to donate healthy food, with the premise that everyone deserves to eat well.	Contact Mary Paluchniak with questions on the DYB program.  Informational.
Miler in Training 2016 ( <b>Kevin/Mary/Jean/Amy</b> )	Expect to hear about the Pep grant by the end of September. North/South classroom program start 2 <sup>nd</sup> semester of 2016-2017 school year.	Subcommittee will regroup this Fall to work on programming for 2 <sup>nd</sup> semester.
CSA resource list ( <b>Ryan</b> )	Winter CSAs are looking to expand.	Ryan will send link to all winter CSAs.
<b>NEW BUSINESS</b>		
How/Where to hold SCAN Funds (T-Shirt monies, etc...) ( <b>Libby/Members</b> )	Discussion took place on where to hold SCAN funds now that the Aurora Foundation can no longer do so. Initial money is needed for the t-shirt order (about \$520), but money is returned once companies pay for their t-shirts. All extra funds generated pay for trophies, engraving, etc. SCAN has a balance of \$318.51 in the account that needs to be placed into an account other than the Aurora Foundation, by the end of the year. Discussion generated included the possibility that an area company could make a donation to front the initial startup cost for T-Shirts. The other possibility would be if the YMCA (YMCA is currently the fiscal agent for the Sheboygan Well County Initiative) would be interested in holding this account as well?	Sherri will speak with Donna at the Y.  F/u at September's meeting.
<b>Roundtable: (All)</b>	<ul style="list-style-type: none"> <li>• Bingo Bash for Seniors (&gt;60 y/o) will be held in October at Emil Mazey Hall.</li> <li>• Sports Core is partnering with the Y and offering to the community Fitness in the Park (free) and a Walk/Run program (fee applies).</li> <li>• September 17<sup>th</sup>—Sargento will host their bi-annual employee health fair.</li>   <li>• Golden Living Center: Virtual Dementia tour: Oct 5<sup>th</sup> at Generations. Annual Caregiver Conference: Nov 17<sup>th</sup> at Acuity. Cooking ministry starting up with LOVE Inc. to offer cooking classes.</li> <li>• Nourish: is hosting a fundraiser Sept 30<sup>th</sup>, at the Culinary Arts School. Proceeds to benefit <i>Nourish</i> and the Community. Reasonable costs and great prizes.</li> <li>• A Group from Seattle came to Sheboygan to interview Nourish.</li> <li>• Laura from UW-Ext worked with 600 students from Manitowoc County. Looking for partnerships in Sheboygan. Putting together a list of parameters for concessions.</li> </ul>	<p>Flyers to be forwarded to SCAN members. If interested at hosting a booth at the Sargento health fair, contact Sherri.</p> <p>Contact Erica Gollhardt if you have pots, pans, cooking utensils for the LOVE Inc. ministry. Check Nourish Website for details on the fundraiser.</p>

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
	<ul style="list-style-type: none"> <li>• SASD: Jeri is finishing up the SASD Well Worksite application.</li> <li>• Wellness Council of Wisconsin: State Wellness conference is on Sept 14<sup>th</sup> in Green Bay.</li> </ul>	Attendees expected to report back to SCAN.
<b>NEXT MEETING</b>	<b>Note September meeting date: <u>September 27<sup>th</sup> Room 413 Health and Human Services Building – 8:05 – 9:35.</u> Amy Giffin will be the minutes Recorder.</b>	